

THE JOURNEY AT THE BEACH

J U L Y 2 0 1 9

Tradition Seven - "Every A.A. group ought to be fully self supporting, declining outside contributions."

Twelve Steps and Twelve Traditions, page 160

ANNIVERSARY CELEBRATIONS

"To thine own self be true"

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Meegan O	29	06/27/90	07/01/19	Happy Hour • CCOP	6 pm
Joe C	39	06/16/80	07/03/19	Proud To Have Served • Atlantic Club	6 pm
Patricia G	31	07/04/88	07/06/19	Berlin 101 • St Paul's Episcopal Church	9 am
			07/07/19	Assateague Group • Bethany UM Church	6 pm
Glen A	7	07/05/12	07/06/19	Happy Risers • Atlantic Club	9 am
Steve B	1	07/11/18	07/12/19	Not A Glum Lot • Snow Hill	7:30 pm
Taryn W	6	07/09/13	7/15/19	Happy Hour • CCOP	6 pm

Please submit all anniversary information to ocmdaa.news@gmail.com by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

Step Seven • "Humbly asked Him to remove our shortcomings."

Twelve Steps and Twelve Traditions, page 70

Seventh Step Prayer • "My Creator, I am now willing that you should have all of me, good & bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you & my fellows. Grant me strength, as I go out from here to do Your bidding."

Big Book of Alcoholics Anonymous, page 76, Chapter 2

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News and Events

District 32 and the **Ocean City Area Fellowship Intergroup** meet every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound). All are welcome to attend.

Next meeting is **August 6th**

District Reps **5:30 pm**

Intergroup Reps **6:00 pm**

Participation in Service Work • There are many ways to participate in service work in your AA community. Answering services, Correctional Facilities visits, and volunteering at Workshops and Events are just a few. Please speak to your Intergroup Rep before or after a meeting to learn more. We are grateful for your participation in helping to carry the message of AA!

Would you consider Hosting a Workshop? • The Area 29 Workshop Committee's purpose is to assist local groups, districts, and inter groups who wish to present workshops on various topics related to AA. Contact workshop@marylandaa.org with questions.

AA Books • Literature is available for purchase online at www.aa.org and at the Atlantic Club. See someone at the front desk for assistance.

Website • Visit Ocean City Fellowship Intergroup of AA's website at www.ocaa.org.

Grapevine • Founded in 1944, the AA Grapevine® is the monthly, international journal of Alcoholics Anonymous in print, digital and audio. Often referred to as our "meeting in print," A.A. Grapevine communicates the experience, strength, and hope of its contributors and reflects a broad geographic spectrum of current A.A. experience with recovery, unity, and service. For more information, visit www.e-aa.org.

Help Wanted

Participation by Intergroup Representatives in monthly meetings. The average attendance at our monthly meetings has been 7-10. There are 24 meeting groups in District 32. If you have volunteered to be an Intergroup Rep, please resolve to attend meetings in 2019 to help keep the traditions of Alcoholics Anonymous strong.

Bridging the Gap Committee Chair • This committee helps people just being released from jail get into recovery. If interested, please attend an Intergroup meeting for more information.

OCAA Phone Schedule 410-600-5219

Dawn is the chair of the OCAA phone committee.

July - Happy Hour August - Positive Attitude September - Happy Risers October - Action Group

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Harry Tiebout, M.D.

from Markings Archives eNewsletter Vol. 34 • No. 3

Harry Tiebout was born on January 2, 1896, in Brooklyn, New York. He received his bachelor's degree from Wesleyan University in 1917 and earned his doctorate from Johns Hopkins University School of Medicine. From 1922 to 1924, he worked at the Westchester Division of New York Hospital. After this, he worked in child guidance clinics in New York City, and starting in 1927 he joined the Institute for Child Guidance as a staff psychiatrist. Also at this time, he was on the staff of Cornell Medical School and the Payne Whitney Psychiatric Clinic, and became the medical director of Blythewood Sanitarium in Greenwich, Connecticut.

In 1935 it was in this capacity that Dr. Tiebout was first exposed to Alcoholics Anonymous. In early 1939 he received a prepublication copy of the book *Alcoholics Anonymous* for review. Reading it, he discovered that it offered a thoroughly accurate portrait of the character problems in an alcoholic patient under his care, Marty M. In order to determine its value, he lent the manuscript to Marty. She initially rejected the book and its mention of God, but prompted by Dr. Tiebout, she continued to read it. Ultimately, this book helped Marty to achieve sobriety, which convinced Dr. Tiebout of its merit. After this, he supported the A.A.

program, becoming the first psychiatrist to endorse A.A. and refer his patients to the Fellowship.

Dr. Tiebout would help and contribute to A.A. for the remainder of his life, and became a close friend and supporter of Bill W. He purchased some stock in the Alcoholic Foundation to help finance the group when they were low on funds.

When Bill W. experienced difficulties with depression in the 1940s, he sought and received psychiatric treatment from Dr. Tiebout. Additionally, Bill W. was able to talk before the New York State Medical Society in 1944 and the American Psychiatric Association in 1949 in part because of the influence of Dr. Tiebout. He served as a Class A (nonalcoholic) trustee on the General Service Board from 1957 until his death on April 2, 1966, helping A.A. develop during a time of growth and change.



At the 1955 International Convention in St. Louis, Dr. Tiebout spoke on the subject of A.A. and the Medical Profession, and he was also present at the 1960 International Convention in Long Beach, California. At the same time, Dr. Tiebout remained active in his field, and continued to publish academic articles on A.A. and the treatment of alcoholism. His first such article, published in 1944 in *The American Journal of Psychiatry*, was titled "Therapeutic Mechanism of Alcoholics Anonymous." This article served as an introduction to the A.A. program of recovery, and explained A.A. to the scientific and medical communities. It demonstrated the importance of ego reduction to the alcoholic, and made it clear that a religious awakening contributed to the recovery of the early A.A. members.

The concept of "surrender" is repeatedly emphasized by Dr. Tiebout in this and other articles, meaning that the individual must become totally willing to accept their own powerlessness and the need for help from a greater power. However, Tiebout is careful to emphasize that the alcoholic must surrender fully, rather than simply comply with the wishes of a therapist. He believed that there could be no compromise with the ego, which could always reassert itself and lead to drinking once again.

Tiebout credited A.A. with addressing alcoholism directly as a problem in and of itself, rather than simply as an indicator of a deeper disorder. This maintained focus on the immediate problems that were experienced by the alcoholic, which could then be addressed.

He also believed that referring to alcoholism as a disease was helpful in getting an alcoholic patient to seek and accept treatment, which may be avoided if their condition was only considered a personal or moral failing. It is important to note that these assertions were largely made before A.A. was as well-known and accepted as it is today, and that Dr. Tiebout put his professional reputation at risk by endorsing them.

Because of this, Bill W. wrote a memorial article in the A.A. Grapevine about Harry Tiebout in July of 1966, calling him a "well-beloved friend," and saying that, "his gifts of courageous example, deep perception of our needs, and constant labor in our behalf have been - and always will be - values quite beyond our reckoning."

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OCEAN CITY AREA FELLOWSHIP INTERGROUP

CHAIR - Tom M		ALT CHAIR - Dave H		SECRETARY - Allison K		TREASURER - Bradley S	
GROUP	INTERGROUP REP	LOCATION	ADDRESS	DAY & TIME			
Action Group	Bradley S	Holy Savior Catholic Church	17 th & Philadelphia Ocean City	Friday 8 PM			
Assateague Group - Living Sober	Kenny G	Bethany United Methodist Church	6848 RT 611 Berlin	Sunday 6 PM			
Beginner's Big Book	Joe P	Atlantic Club	11827 RT 50 West Ocean City	Monday 6:30 PM			
Berlin 101 Women's (CLOSED)	Patricia G	St. Paul's Episcopal Church	3 Church Street Berlin	Saturday 9 AM			
Berlin Friendship	VACANT	Friendship United Methodist Church	Friendship Road Berlin	Monday 8 PM			
Come As You Are	Jennie R.	Ocean Pines Chamber of Commerce	11031 Cathell Rd Berlin	Tuesday 6 PM			
Entirely Ready	Robin D	Atlantic Club	11827 RT 50 West Ocean City	Friday 6 PM			
Free To Be Women's	Janice C	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 8 PM			
Fresh Air	Allison K	Crossway Church	11811 RT 50 West Ocean City	Tuesday 8 PM			
Happy Hour	VACANT	Community Church at Ocean Pines	11227 Race Track RD Ocean Pines	Monday 6 PM			
Happy, Joyous & Free Women's Step Study	Carla H/Gail G	Community Church at Ocean Pines	11227 Race Track RD Ocean Pines	Friday 10 AM			
Happy Risers	Paul B	Atlantic Club	11827 RT 50 West Ocean City	M thru F 7:30AM S & S 9 AM			
Joy of Living	Diane H	Atlantic Club	11827 RT 50 West Ocean City	M thru Sat Noon			
Men's 12&12 Step	Jeff S	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 8 PM			
Not A Glum Lot	Jerome N	All Hallows Episcopal Church	109 West Market Street Snow Hill	M/W/F 7:30 PM			
One Step At A Time	Martha J	Atlantic Club	11827 RT 50 West Ocean City	Saturday 6 PM			
Positive Attitude	Rob A	Stevenson United Methodist Church	123 N Main Street Berlin	Saturday 7 PM			
Primary Purpose	VACANT	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Thursday 7 PM			
Proud To Have Served	John M	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 6 PM			
Seaside Group	Ellen O	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Wednesday 6 PM			
Serenity Group	Ellen O	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Wednesday Noon			
Serenity & Sand	Angie P	On the Beach	at 2nd St • Weather Permitting	Friday 10 PM Mem. Day - Labor Day			

District 32 6342 Knoll Hill Dr Berlin, MD 21811	OC Intergroup PO Box 913 Ocean City, MD 21842	MD General Service, Inc. PO Box 8043 Elkridge, MD 21075	General Service Office Box 459 Grand Central Station New York, NY 10163
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