THE JOURNEY AT THE BEACH

O C T O B E R 2 0 1 9

Tradition Ten • "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

Twelve Steps and Twelve Traditions, page 176

ANNIVERSARY CELEBRATIONS

"To thine own self be true"

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Mike M	5	10/01/14	10/01/19	Happy Risers • Atlantic Club	7:30 am
Gail A	27	10/03/92	10/03/19	Happy Risers • Atlantic Club	7:30 am
Chip G	18	10/27/01	10/27/19	Happy Risers • Atlantic Club	9 am
Jeff C	26	11/01/93	11/01/19	Happy Risers • Atlantic Club	7:30 am

Please submit all anniversary information to Carla H at <u>ocmdaa.news@gmail.com</u> by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

Step Ten • "Continued to take personal inventory and when we were wrong promptly admitted it."

Twelve Steps and Twelve Traditions, page 88

Tenth Step Prayer for Growth and Effectiveness • God, please help me Watch for Selfishness, Dishonesty, Resentment and Fear. When these crop up in me, help me to immediately ask you to remove them from me and help me discuss these feelings with someone. Father, help me to quickly make amends if I have harmed anyone and help me to resolutely turn my thoughts to someone I can Help. Help me to be Loving and Tolerant of everyone today.

Alcoholics Anonymous, page 84:2

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News and Events

District 32 and the Ocean City Area Fellowship Intergroup meet every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound).

Next meeting is Nov 5th District Reps 5:30 pm Intergroup Reps 6:00 pm

Participation in Service Work • There are many ways to participate in service work in your AA community. Answering services, Correctional Facilities visits, and volunteering at Workshops and Events are just a few. Please speak to your Intergroup Rep before or after a meeting to learn more. We are grateful for your participation in helping to carry the message of AA!

Would you consider Hosting a Workshop? • The Area 29 Workshop Committee's purpose is to assist local groups, districts, and inter groups who wish to present workshops on various topics related to AA. Contact workshop@marylandaa.org with questions.

AA Books • Literature is available for purchase online at www.aa.org and at the Atlantic Club. See someone at the front desk for assistance.

Website • Visit Ocean City Fellowship Intergroup of AA's website at www.ocaa.org.

Grapevine • Founded in 1944, the AA Grapevine® is the monthly, international journal of Alcoholics Anonymous in print, digital and audio. Often referred to as our "meeting in print," A.A. Grapevine communicates the experience, strength, and hope of its contributors and reflects a broad geographic spectrum of current A.A. experience with recovery, unity, and service. For more information, visit www.e-aa.org.

Get Involved!

Participate in Intergroup Representative's monthly meetings. The average attendance at our monthly meetings has been 7-10. There are 24 meeting groups in District 32. If you have volunteered to be an Intergroup Rep, please resolve to attend meetings in 2019 to help keep the traditions of Alcoholics Anonymous strong. Meetings are open and any member of the OCAA Fellowship can attend.

Bridging the Gap Committee Chair • We are seeking a committee chair to help people just being released from jail or coming out of treatment centers to get oriented to the recovery program in our community. If interested, please attend an Intergroup meeting for more information. You can read more about what the committee does here: https://www.aa.org/assets/en_US/p-49 BridgingTheGap.pdf

OCAA Phone Schedule 410-600-5219

Dawn is the chair of the OCAA phone committee.

October - Action Group November - Fresh Air December - Happy Hour January - Positive Attitude

THE JOURNEY AT THE BEACH



CPC/PI Committee Chair Vacancy

Ocean City Area Fellowship Intergroup is seeking a member to take the lead on a service committee called "Cooperation with the Professional Community and Public Information". Last month a link was published to A.A. Guidelines for Cooperation with the Professional Community. You can access this document at https://www.aa.org/assets/en_US/mg-11_coopwithprofe.pdf.

If you feel called to this type of service commitment, please attend the next OC Area Intergroup Meeting at the Atlantic Club. It's at 6 pm on the first Tuesday of the month. We would be glad to discuss it with you. Below are some articles about Committees from the "Guidelines for Ocean City Area Fellowship Intergroup", defining the scope of work for the committee. Thank you for your consideration.

What's a Committee?

 $\underline{\underline{Purpose:}}\ Committees\ are\ established\ to\ conduct\ specific\ functions\ of\ Intergroup\ to\ achieve\ the\ goal\ of\ serving\ the\ still-suffering\ alcoholic.$

Committee Establishment: The Intergroup Chairperson shall appoint only members of AA groups which belong to the Ocean City Area Fellowship Intergroup, as Standing and/or Ad Hoc committee Chairperson. Chairpersons are responsible for recruiting and leading their committee to achieve its purpose. Committee Chairpersons shall serve two (2) year terms to run concurrent with that of elected officers, with exception to the Archivist, which is a non-rotating position. All Committee Chairpersons serve at the discretion of the Intergroup Chairnerson

<u>Suggested Sobriety</u>: It is suggested that Committee Chairpersons have a minimum of one (1) year of sobriety and be in compliance with all relevant laws and regulations.

1 Standing Committees: Below is a listing of the Standing Committees that shall be maintained by Integroup. A brief description of the Committee's purpose and functions accommanies each description.

Cooperation with the Professional Community

4.4.3 <u>Cooperation with the Professional Community (CPC) Committee:</u> The (CPC) Committee will function to increase awareness and understanding of Alcoholics Anonymous' purpose and services to professional groups, organizations, associations, institutions and individuals.

Specifically the CPC Committee shall:

- A. Seek and develop communication with the medical, legal, theological, and social work communities.
- Provide AA speakers, discussion groups, seminars, workshops or other educational activities for professional groups working with alcoholics.
- C. Purchase and distribute AA literature to such groups.
- D. Facilitate displays at local professional group gatherings.
- E. Coordinate activities with the Public Information Committee.

Public Information

4.4.9 <u>Public Information</u>: The Public Information Committee shall carry the AA message by providing AA literature and information about the fellowship to the public (for example: doctor's offices, police departments, health departments, libraries, local schools, visitor's centers, etc.).

Specifically, the P I Committee shall:

- A. Distribute information at local health fairs and alcohol awareness programs and at other Public Information distribution points.
- B. Provide media releases to foster public awareness of the local services and availability.
- C. Coordinate the purchase and distribution of Intergroup's public information materials.
- D. Coordinate with the CPC Committee in providing competent speakers to present the AA recovery program.

THE JOURNEY AT THE BEACH

OCEA	AN CITY A	REA FELLOW	SHIP INTERGR	OUP
CHAIR - Tom M	ALT CHAIR	- Dave H SECRETAR	XY - Allison K TREASU	RER - Bradley S
GROUP	INTERGROUP REP	LOCATION	ADDRESS	DAY & TIME
OROGI	INTEROROGI REI	Holy Savior	17th & Philadelphia	Friday
Action Group	Bradley S	Catholic Church	Ocean City	8 PM
Assateague Group - Living		Bethany United Methodist	6848 RT 611	Sunday
Sober Kenny G		Church	Berlin	6 PM '
			11827 RT 50	Monday
Beginner's Big Book	Joe P	Atlantic Club	West Ocean City	6:30 PM
Berlin 101 Women's		St. Paul's	3 Church Street	Saturday
(CLOSED)	Patricia G	Episcopal Church	Berlin	9 AM
		Friendship United Methodist	Friendship Road	Monday
Berlin Friendship	VACANT	Church	Berlin	8 PM
		Ocean Pines Chamber of	11031 Cathell Rd	Tuesday
Come As You Are	Jennie R.	Commerce	Berlin	6 PM
			11827 RT 50	Friday
Entirely Ready	Robin D	Atlantic Club	West Ocean City	6 PM
			11827 RT 50	Wednesday
Free To Be Women's	Barbie G	Atlantic Club	West Ocean City	8 PM
			11811 RT 50	Tuesday
Fresh Air	Allison K	Crossway Church	West Ocean City	8 PM
		Community Church	11227 Race Track RD	Monday
Happy Hour	VACANT	at Ocean Pines	Ocean Pines	6 PM
Happy, Joyous & Free		Community Church	11227 Race Track RD	Friday
Women's Step Study	Stacy J/Carla H	at Ocean Pines	Ocean Pines	10 AM
		A.I. ii Gl.I	11827 RT 50	M thru F 7:30AM
Happy Risers	Paul B	Atlantic Club	West Ocean City	S & S 9 AM
i fire	D: 11	Ail ii Glil	11827 RT 50	M thru Sat Noon
Joy of Living	Diane H	Atlantic Club	West Ocean City	NA 1 1
M / 10810 C	r ((c	All is Cl. I	11827 RT 50	Wednesday
Men's 12&12 Step	Jeff S	Atlantic Club All Hallows	West Ocean City 109 West Market Street	8 PM
Nat A Clum Lat	Ianama NI		Snow Hill	M/W/F 7:30 PM
Not A Glum Lot	Jerome N	Episcopal Church	11827 RT 50	
One Sten At A Time	Martha J	Atlantic Club	West Ocean City	Saturday 6 PM
One Step At A Time	Marina J	Stevenson United Methodist	123 N Main Street	Saturday
Positive Attitude	Rob A	Church	Berlin	7 PM
I OSIIIVE AIIIIOGE	KOD A	St Peter's	10301 Coastal Hwy	Thursday
Primary Purpose	VACANT	Lutheran Church	Ocean City	7 PM
i i i i i i i i i i i i i i i i i i i	MACAINI	London Choren	11827 RT 50	Wednesday
Proud To Have Served	John M	Atlantic Club	West Ocean City	6 PM
1.030 10 11010 001100		St Peter's	10301 Coastal Hwy	Wednesday
Seaside Group	Ellen O	Lutheran Church	Ocean City	6 PM
ousido Oroop		St Peter's	10301 Coastal Hwy	Wednesday
Serenity Group	Ellen O	Lutheran Church	Ocean City	Noon
			,	Friday 10 PM Mem.
Serenity & Sand	Angie P	On the Beach	at 2nd St • Weather Permitting	Day - Sept. 6

District 32	OC Intergroup	MD General Service, Inc.	General Service Office
6342 Knoll Hill Dr	PO Box 913	PO Box 8043	Box 459 Grand Central Station
Berlin, MD 21811	Ocean City, MD 21842	Elkridge, MD 21075	New York, NY 10163