

THE JOURNEY AT THE BEACH

N O V E M B E R 2 0 1 9

Tradition Eleven • *"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."*

Twelve Steps and Twelve Traditions, page 180

ANNIVERSARY CELEBRATIONS

"To thine own self be true"

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Jeff C	26	11/01/93	11/01/19	Happy Risers • Atlantic Club	7:30 am
Bill J	29	11/04/90	11/04/19	Happy Hour • OPCC	6:00 pm
Matt H	17	11/25/12	11/26/19	Come As You Are • OP Cham. of Commerce	6:00 pm
Carrie G	3	11/21/16	12/01/19	Happy Risers • Atlantic Club	7:30 am
Susan B	19	11/29/00	12/01/19	Happy Risers • Atlantic Club	7:30 am
Heather K	15	12/03/04	12/03/19	Come As You Are • OP Cham. of Commerce	6:00 pm
Shelby S	1	12/01/18	12/06/19	Not a Glum Lot • Snow Hill	7:30 pm

Please submit all anniversary information to Carla H at ocmdaa.news@gmail.com by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

Step Eleven • *"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."*

Twelve Steps and Twelve Traditions, page 96

Eleventh Step Nightly Review Prayer • *"God, help me to constructively review my day. Where was I resentful, selfish, dishonest or afraid? Do I owe an apology? Have I kept something to myself which should be discussed with another person at once? Was I kind and loving toward all? What could I have done better? Was I thinking of myself most of the time? Or was I thinking of what I could do for others, of what I could pack into the stream of life? Please forgive me for my harms and wrongs today and let me know corrective measures I should be take."*

Alcoholics Anonymous, page 86:2

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Opportunities for Service Work

Maryland General Service District 32 • needs support from our home group's General Service Representatives (GSR's). Positions are available at the District Level for Secretary, District Committee Member (DCM) and Alternate DCM.

Corrections • January 2020 is open enrollment for new Corrections Committee Members, who bring AA meetings to local jails on Thursday evenings. Background screening is required for these positions. Applications are available at the front desk at the Atlantic Club and must be submitted by the end of 2019 for consideration.

Cooperation with the Professional Community and Public Information (CPC/PI) Committee Chair • Access A.A. Guidelines for Cooperation with the Professional Community at https://www.aa.org/assets/en_US/mg-11_coopwithprofe.pdf to find information about what this position entails.

Bridging the Gap Committee Chair • We are seeking a committee chair to help people just being released from jail or coming out of treatment centers to get oriented to the recovery program in our community. You can read more about what the committee does here: https://www.aa.org/assets/en_US/p-49_BridgingTheGap.pdf

If you feel called to any of these types of service commitments, please attend the next OC Area Intergroup Meeting at the Atlantic Club. District meets at 5:30 pm and Intergroup meets at 6 pm on the first Tuesday of the month. We would be glad to answer your questions.

Access the "Guidelines for Ocean City Area Fellowship Intergroup" here: <https://ocmdaa.files.wordpress.com/2019/10/guidelines-for-oc-area-fellowship-intergroup.pdf>, to define the scope of work for committee members. Thank you for your consideration.

Fall Workshop!

Place: The Atlantic Club
11827 Ocean Gateway
Ocean City, MD

Time: 2:00 - 5:30

Speakers to Include:
Amy R. Bethany Beach, DE
Brian T. Catonsville, MD
Darren B. Frederick, MD

Event Sponsored by Ocean City
Intergroup

Pizza and refreshments will be
served!

JOIN US

SATURDAY, NOVEMBER 16 2:00 - 5:30

Come hear speakers share their
experience, strength and hope as it
relates to their recovery and the 12 steps



6 Year Anniversary Celebration - Come As You Are Group



Tuesday, November 12th, 2019

- 5 pm Eating
 - 6 pm Speaker Meeting
- Ocean Pines Chamber of Commerce
11031 Cathell Rd, Berlin MD 21811

All are welcome!

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News and Events

District 32 and the Ocean City Area Fellowship Intergroup meet every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound).

Next meeting is Dec 3rd

General Service Reps 5:30 pm

Intergroup Reps 6:00 pm

Participation in Service Work • There are many ways to participate in service work in your AA community. Answering services, Correctional Facilities visits, and volunteering at Workshops and Events are just a few. Please speak to your Intergroup Rep before or after a meeting to learn more. We are grateful for your participation in helping to carry the message of AA!

Would you consider Hosting a Workshop? • The Area 29 Workshop Committee's purpose is to assist local groups, districts, and inter groups who wish to present workshops on various topics related to AA. Contact workshop@marylandaa.org with questions.

AA Books • Literature is available for purchase online at www.aa.org and at the Atlantic Club. See someone at the front desk for assistance.

Website • Visit Ocean City Fellowship Intergroup of AA's website at www.ocaa.org.

Grapevine • Founded in 1944, the AA Grapevine® is the monthly, international journal of Alcoholics Anonymous in print, digital and audio. Often referred to as our "meeting in print," A.A. Grapevine communicates the experience, strength, and hope of its contributors and reflects a broad geographic spectrum of current A.A. experience with recovery, unity, and service. For more information, visit www.e-aa.org.

Get Involved!

Participate in Intergroup Representative's monthly meetings. The average attendance at our monthly meetings is 7-10. There are 24 AA groups in the Ocean City Area Intergroup. If you have volunteered to be an Intergroup Rep, please resolve to attend meetings in 2019 to help keep the traditions of Alcoholics Anonymous strong. Meetings are open and any member of the OCAA Fellowship can attend.

OCAA Phone Schedule 410-600-5219

Dawn is the chair of the OCAA phone committee.

November - Fresh Air December - Happy Hour January - Positive Attitude February - Happy Risers

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OCEAN CITY AREA FELLOWSHIP INTERGROUP

CHAIR - Tom M		ALT CHAIR - Dave H		SECRETARY - Allison K		TREASURER - Bradley S	
GROUP	INTERGROUP REP	LOCATION		ADDRESS		DAY & TIME	
Action Group	Bradley S	Holy Savior Catholic Church		17 th & Philadelphia Ocean City		Friday 8 PM	
Assateague Group - Living Sober	Kenny G	Bethany United Methodist Church		6848 RT 611 Berlin		Sunday 6 PM	
Beginner's Big Book	Joe P	Atlantic Club		11827 RT 50 West Ocean City		Monday 6:30 PM	
Berlin 101 Women's (CLOSED)	Patricia G	St. Paul's Episcopal Church		3 Church Street Berlin		Saturday 9 AM	
Berlin Friendship	VACANT	Friendship United Methodist Church		Friendship Road Berlin		Monday 8 PM	
Come As You Are	Jennie R.	Ocean Pines Chamber of Commerce		11031 Cathell Rd Berlin		Tuesday 6 PM	
Entirely Ready	Robin D	Atlantic Club		11827 RT 50 West Ocean City		Friday 6 PM	
Free To Be Women's	Barbie G	Atlantic Club		11827 RT 50 West Ocean City		Wednesday 8 PM	
Fresh Air	Allison K	Crossway Church		11811 RT 50 West Ocean City		Tuesday 8 PM	
Happy Hour	VACANT	Community Church at Ocean Pines		11227 Race Track RD Ocean Pines		Monday 6 PM	
Happy, Joyous & Free Women's Step Study	Stacy J/Carla H	Community Church at Ocean Pines		11227 Race Track RD Ocean Pines		Friday 10 AM	
Happy Risers	Paul B	Atlantic Club		11827 RT 50 West Ocean City		M thru F 7:30AM S & S 9 AM	
Joy of Living	Diane H	Atlantic Club		11827 RT 50 West Ocean City		M thru Sat Noon	
Men's 12&12 Step	Jeff S	Atlantic Club		11827 RT 50 West Ocean City		Wednesday 8 PM	
Not A Glum Lot	Charles J	All Hallows Episcopal Church		109 West Market Street Snow Hill		M/W/F 7:30 PM	
One Step At A Time	Martha J	Atlantic Club		11827 RT 50 West Ocean City		Saturday 6 PM	
Positive Attitude	Rob A	Stevenson United Methodist Church		123 N Main Street Berlin		Saturday 7 PM	
Primary Purpose	VACANT	St Peter's Lutheran Church		10301 Coastal Hwy Ocean City		Thursday 7 PM	
Proud To Have Served	John M	Atlantic Club		11827 RT 50 West Ocean City		Wednesday 6 PM	
Seaside Group	Ellen O	St Peter's Lutheran Church		10301 Coastal Hwy Ocean City		Wednesday 6 PM	
Serenity Group	Ellen O	St Peter's Lutheran Church		10301 Coastal Hwy Ocean City		Wednesday Noon	
Serenity & Sand	Angie P	On the Beach		at 2nd St • Weather Permitting		Friday 10 PM Mem. Day - Sept. 6	

District 32 6342 Knoll Hill Dr Berlin, MD 21811	OC Intergroup PO Box 913 Ocean City, MD 21842	MD General Service, Inc. PO Box 8043 Elkridge, MD 21075	General Service Office Box 459 Grand Central Station New York, NY 10163
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