THE JOURNEY AT THE BEACH

JANUARY 2020

Tradition One • "Our common welfare should come first; personal recovery depends upon A.A. unity."

Twelve Steps and Twelve Traditions, page 129

ANNIVERSARY CELEBRATIONS

"To thine own self be true"

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Stephanie L	33	12/19/86	01/01/20	Seaside Group • St Peter's OC	6 pm
Jennie R	11	12/20/08	01/08/20	Come As You Are • OP Chamber Commerce	6 pm
Dana B	1	12/28/18	01/10/20	Happy Joyous and Free • CCOP	10 am
Joe P	20	01/12/00	01/13/20	Beginner's Big Book • Atlantic Club	6:30 pm
John M	32	01/21/88	01/22/20	Proud To Have Served • Atlantic Club	6 pm
Elaine B	29	01/22/91	01/31/20	Happy Joyous and Free • CCOP	10 am
Stacy J	33	01/02/87	01/31/20	Happy Joyous and Free • CCOP	10 am
Pat G	43	02/03/76	02/07/20	Happy Joyous and Free • CCOP	10 am

Please submit all anniversary information to Carla H at info@ocaa.org by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

Step One • "We admitted we were powerless over alcohol that our lives had become unmanageable."

Twelve Steps and Twelve Traditions, page 21

First Step Prayer • Dear Lord, Help me to see and admit that I am powerless over my alcoholism. Help me to understand how my alcoholism has led to unmanageability in my life. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my alcoholism.

Alcoholics Anonymous, chapter 3 http://friendsofbillw.net/twelve-step-prayers

News and Events

District 32 and the Ocean City Area Fellowship Intergroup meet every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound).

Next meeting is Jan 7th General Service Reps 5:30 pm Intergroup Reps 6:00 pm

Participation in Service Work • There are many ways to participate in service work in your AA community. Answering services, Correctional Facilities visits, and volunteering at Workshops and Events are just a few. Please speak to your Intergroup Rep before or after a meeting to learn more. We are grateful for your participation in helping to carry the message of AA!

Would you consider Hosting a Workshop? • The Area 29 Workshop Committee's purpose is to assist local groups, districts, and inter groups who wish to present workshops on various topics related to AA. Contact workshop@marylandaa.org with questions.

AA Books • Literature is available for purchase online at www.aa.org and at the Atlantic Club. See someone at the front desk for assistance.

Website • Visit Ocean City Fellowship Intergroup of AA's website at www.ocaa.org.

Grapevine • Founded in 1944, the AA Grapevine® is the monthly, international journal of Alcoholics Anonymous in print, digital and audio. Often referred to as our "meeting in print," A.A. Grapevine communicates the experience, strength, and hope of its contributors and reflects a broad geographic spectrum of current A.A. experience with recovery, unity, and service. For more information, visit www.e-aa.org.



Calvin and Hobbes by Bill Watterson

Get Involved!

Participate in Intergroup Representative's monthly meetings. The average attendance at our monthly meetings is 7-10. There are 24 AA groups in the Ocean City Area Intergroup. If you have volunteered to be an Intergroup Rep, please resolve to attend meetings in 2020 to help keep the traditions of Alcoholics Anonymous strong. Meetings are open and any member of the OCAA Fellowship can attend.

OCAA Phone Schedule 410-600-5219

Dawn R is the chair of the OCAA phone committee.

January - Positive Attitude February - Happy Risers March - Action Group April - Fresh Air

2019 Year in Review

The Ocean City Intergroup sponsors yearly events to help carry the message of Alcoholics Anonymous. Here's a look back at those held in 2019.





Meeting Guide App

"Nothing matters more to A.A.'s future welfare than the manner in which we use the colossus of modern communication. Used unselfishly and well, it can produce results surpassing our present imagination." — Bill W.

Josh R., a web developer, did most of his drinking in New York City. In 2013, he decided a geographic change would help, and he moved to San Jose. Unlike most geographics, this one turned out to be fruitful — for both Josh and for Alcoholics Anonymous.

Once in San Jose, Josh got sober, found a sponsor and started going to A.A. meetings in the area. Only problem was, the local central office website — while it listed meetings — wasn't so userfriendly for someone using a mobile phone. Like most A.A. websites, the site had been developed before mobile design came into general use. Such sites work fine for someone on a computer, but these days, A.A. sites get more than twice as many visitors from handheld devices as from traditional desktops or laptops. "Essentially what I did," Josh says, "is take all the meeting listings and export them to an Excel file with links to directions, and then made my own little app, just for myself. That's where the germ of the idea for the Meeting Guide app developed — just me trying to find meetings."

In an era when smartphones dominate, Meeting Guide is a simple, useful tool for newcomers and oldtimers alike — one that standardizes meeting information so that it is always readily available and up to date. Recognizing this, Josh did something unusual, but which is also completely within the spirit of the Fellowship: he gave the Meeting Guide app to Alcoholics Anonymous, for free.

Today, Meeting Guide is connected to 326 local A.A. organization websites. Getting connected wasn't easy for all of them. Some local sites had to find new web servants, while others had to draft new policies and procedures, sign up for new web hosting, and try new software.

Read more about it this development at News and Notes from the General Service Office of A.A. Vol. 65, No. 3 / Fall 2019

Find out how to connect to the Meeting Guide App at https://ocaa.org/

OCEA	AN CITY A	AREA FELLOW	SHIP INTERGR	OUP
CHAIR - Tom M	ALT CHAIR	R - Dave H SECRETAR	RY - Allison K TREASU	RER - Bradley S
GROUP	INTERGROUP REP	LOCATION	ADDRESS	DAY & TIME
		Holy Savior	17 th & Philadelphia	Friday
Action Group	Bradley S	Catholic Church	Ocean City	8 PM
Assateague Group - Livin		Bethany United Methodist	6848 RT 611	Sunday
Sober	Kenny G	Church	Berlin	6 PM
			11827 RT 50	Monday
Beginner's Big Book	Joe P	Atlantic Club	West Ocean City	6:30 PM
Berlin 101 Women's		St. Paul's	3 Church Street	Saturday
(CLOSED)	Patricia G	Episcopal Church	Berlin	9 AM
,		Friendship United Methodist	Friendship Road	Monday
Berlin Friendship	VACANT	Church	Berlin	8 PM
	11.101.11	Ocean Pines Chamber of	11031 Cathell Rd	Tuesday
Come As You Are	Jennie R.	Commerce	Berlin Berlin	6 PM
	Tomas in		11827 RT 50	Friday
Entirely Ready	Robin D	Atlantic Club	West Ocean City	6 PM
Emilery Reday	RODIII D	Allumic Clob	11827 RT 50	Wednesday
Free To Be Women's	Barbie G	Atlantic Club	West Ocean City	8 PM
Tee to be Women's	Daible O	Allumic Clob	11811 RT 50	Tuesday
Fresh Air	Allison K	Crossway Church	West Ocean City	8 PM
Testi Ali	Allison K	Community Church	11227 Race Track RD	Monday
Hammer Harry	VACANT	at Ocean Pines	Ocean Pines	6 PM
Happy Hour	VACAINI		11227 Race Track RD	Friday
Happy, Joyous & Free	Character I. Character II	Community Church at Ocean Pines		10 AM
Women's Step Study	Stacy J/Carla H	of Ocean Fines	Ocean Pines	M thru F 7:30AM
D:	D D	All it Cl.	11827 RT 50	
Happy Risers	Paul B	Atlantic Club	West Ocean City	S & S 9 AM
	D: 11	A.I: Cl. I	11827 RT 50	M thru Sat Noon
Joy of Living	Diane H	Atlantic Club	West Ocean City	
		Add at GLI	11827 RT 50	Wednesday
Men's 12&12 Step	Jeff S	Atlantic Club	West Ocean City	8 PM
		All Hallows	109 West Market Street	M/W/F
Not A Glum Lot	Charles J	Episcopal Church	Snow Hill	7:30 PM
			11827 RT 50	Saturday
One Step At A Time	Martha J	Atlantic Club	West Ocean City	6 PM
		Stevenson United Methodist	123 N Main Street	Saturday
Positive Attitude	Rob A	Church	Berlin	7 PM
		St Peter's	10301 Coastal Hwy	Thursday
Primary Purpose	VACANT	Lutheran Church	Ocean City	7 PM
			11827 RT 50	Wednesday
Proud To Have Served	John M	Atlantic Club	West Ocean City	6 PM
		St Peter's	10301 Coastal Hwy	Wednesday
Seaside Group	Ellen O	Lutheran Church	Ocean City	6 PM
		St Peter's	10301 Coastal Hwy	Wednesday
Serenity Group	Ellen O	Lutheran Church	Ocean City	Noon
•				Friday 10 PM Mem.
Serenity & Sand	Angie P	On the Beach	at 2nd St • Weather Permitting	Day - Sept. 6

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