

# THE JOURNEY AT THE BEACH A P R I L 2 0 2 0

*Tradition Four - "Each group should be autonomous except in matters affecting other groups or A.A. as a whole."*

*Twelve Steps and Twelve Traditions, page 146*

## ANNIVERSARY CELEBRATIONS

*These fellows celebrate this month. Congrats to you all!*

*Since there are limited in-person meetings, we hope to see you in Zoom.*

NAME	YEARS	SOBRIETY DATE	HOME GROUP
Tony D	11	03/29/09	Men's 12 and 12 Step
Frankie L	6	04/01/14	HJF Women's Step Study
Bart S	25	04/03/95	
Jeff S	10	04/10/10	Men's 12 and 12 Step
Diane H	30	04/27/90	Assateague Group
Jess V	13	04/29/07	

Please submit all anniversary information to Carla H at [info@ocaa.org](mailto:info@ocaa.org) by the 28<sup>th</sup> of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

*Step Four • "Made a searching and fearless moral inventory of ourselves."*

*Twelve Steps and Twelve Traditions, page 42*

*Fourth Step about dealing with Fear • "The verdict through the ages is that faith means courage. All men of faith have courage. They trust their God. We never apologize for God. Instead we let Him demonstrate, through us, what He can do. We ask Him to remove our fear and direct our attention to what He would have us be. At once, we commence to outgrow fear."*

*Alcoholics Anonymous, page 68*

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## News and Events

**District 32 and the Ocean City Area Fellowship Intergroup meet every first Tuesday of the month** at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound).

This month we will meet via Zoom. Intergroup Reps will be notified about the details.

<b>Next meeting is</b>	<b>Apr 7th</b>
<b>General Service Reps</b>	<b>5:30 pm</b>
<b>Intergroup Reps</b>	<b>6:00 pm</b>

**Website** • Visit Ocean City Fellowship Intergroup of AA's website at <https://ocaa.org/update> for **real time revisions to the following schedule.**

**Listed below are some Virtual Meetings taking place now in the Ocean City Intergroup:**

If your Home Group is doing this and they would like your meeting published, please email the details to [info@ocaa.org](mailto:info@ocaa.org) and we will post it so others can join in. Here's some guidance on [how to set up a remote meeting](#) with [Google Hangout](#), [Zoom](#) or [FreeConferenceCall](#)

### Monday

- **6 pm Happy Hour** via Zoom <https://us04web.zoom.us/j/991330530> Dial in: +1 (301)-715-8592 Meeting ID: 991 330 530
- **7:30 pm Not A Glum Lot** via Zoom <https://us02web.zoom.us/j/217995249?pwd=cXlZK21CanRtY2pqOE9hSG4rNG9HUT0> Dial in: +1 (301)-715-8592 Meeting ID: 217 995 249 Password: 382990

### Tuesday

- **6 pm Come As You Are** meeting via Telephone on FreeConferenceCall.com Dial in: +1 (978)-990-5000, Access Code: 392494
- **8 pm Fresh Air Group** meeting via Zoom <https://us02web.zoom.us/j/883151032?pwd=KzMIcGtMOFNIOVVUWDdmQnh5SVNjUT09> Dial in: +1 (301)-715-8592 Meeting ID: 883 151 032 Password: 352385

### Wednesday

- **8 pm Free To Be Women's** group via Zoom: <https://us04web.zoom.us/j/358229631> Dial in: +1 (301)-715-8592 Meeting ID: 358 229 631

### Thursday

- **7 pm Primary Purpose** group Big Book Study Meeting via GoToMeeting <https://www.gotomeet.me/RogerMcMahon> Dial in: +1 (872) 240-3311 Access Code: 349 918 965 New to GoToMeeting? Visit <https://global.gotomeeting.com/install/349918965> to learn more.

### Friday

- **10 am Happy, Joyous and Free Women's** group via Zoom <https://us04web.zoom.us/j/798078394> Dial in: +1-(301)-715-8592 Meeting ID: 798 078 394
- **8 pm Action Group** via Zoom: <https://us02web.zoom.us/j/83700376116?pwd=bldFZnkwdXRGVUtCOENJcWdKcjRldz09> Dial in: +1-(301)-715-8592 Meeting ID: 837 0037 6116 Password: 497989

### Saturday

- **7 pm Saturday Night Live!** Apr 11, 2020 via Zoom <https://us04web.zoom.us/j/954508347?pwd=TDJlUnNuYmZlYm9EdlphQmxEWHR0Zz09> Meeting ID: 954 508 347 Password: 646266

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## OCAA Phone Schedule 410-600-5219

Dawn R is the chair of the OCAA phone committee.

April - Fresh Air    May - Happy Hour    June - Positive Attitude    July - Happy Risers

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## More Resources

Maryland Intergroups outside of Area 29 are also maintaining lists of online meetings:

**Baltimore** <https://baltimoreaa.org/upcoming-phone-online-meetings/>

**Hagerstown** <https://www.hagerstownaa.org/covid-19-updates-for-aa/>

**Mid Shore** [https://1ff6716a-bbac-4643-a36e-8b7bbdaf4807.filesusr.com/ugd/3a7348\\_e4132bd8c64141cd83fc25ac8cba802e.docx?dn=Conference%20call%20meetings%20v3.docx](https://1ff6716a-bbac-4643-a36e-8b7bbdaf4807.filesusr.com/ugd/3a7348_e4132bd8c64141cd83fc25ac8cba802e.docx?dn=Conference%20call%20meetings%20v3.docx)

**Northeast Maryland** <https://www.nemdaa.org/virtual-meetings>

**Southern Maryland** <http://www.somdintergroup.org/olm.html>

**West Central** <https://westcentralaa.org/online%20meetings/>

**Online Meeting Resources:** with the statewide orders to limit in-person gatherings, many of us are experiencing online, virtual, or dial-in meetings for the first time. Please keep in mind that not everyone has online access from their home and consider ways to include those alcoholics in your virtual meetings! I want to highlight a few resources that we've run across which might be generally helpful as you participate in or host online or dial-in meetings:

- Baltimore Intergroup Updates on Virtual Meetings (Anonymity, 7<sup>th</sup> Tradition, etc.)
  - <https://mailchi.mp/e207727ac28d/covid19announcement32092020-2593798>
  - <https://mailchi.mp/9d87b5502184/covid19announcement3252020-2596350>
- Protecting Anonymity in Zoom Meetings:
  - <https://aasfmarin.org/zoom-meetings-protecting-anonymity-default-settings>
- Personal Anonymity in Zoom Meetings:
  - <https://aasfmarin.org/maintain-anonymity-online-zoom-meeting>
- Managing Attendees in Zoom Meetings:
  - <https://www.nyintergroup.org/managing-meeting-participants/>
- How to Move an AA Meeting Online in Five Simple Steps:
  - <https://aasfmarin.org/how-to-move-an-a-a-meeting-online-in-5-simple-steps>
- Setting Up a Remote Meeting:
  - <https://aasfmarin.org/setting-up-remote-meetings-help>
- Suggested Best Practices for a Digital Seventh Tradition:
  - <https://aasfmarin.org/online-contributions-your-digital-7th-tradition-guide-to-best-practices>

**Grapevine** • Founded in 1944, the AA Grapevine® is the monthly, international journal of Alcoholics Anonymous in print, digital and audio. Often referred to as our “meeting in print,” A.A. Grapevine communicates the experience, strength, and hope of its contributors and reflects a broad geographic spectrum of current A.A. experience with recovery, unity, and service. **AA Grapevine Available Free:** the 2020 digital editions of AA Grapevine, as well as the audio versions, are available free online at: <https://www.aagrapevine.org/we-are-here-to-help>

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## OCEAN CITY AREA FELLOWSHIP INTERGROUP

CHAIR - Rick S		ALT CHAIR - Jeff C		SECRETARY - Allison K		TREASURER - Bradley S	
GROUP	INTERGROUP REP	LOCATION	ADDRESS	DAY & TIME			
Action Group	Bradley S	Holy Savior Catholic Church	17 <sup>th</sup> & Philadelphia Ocean City	Friday 8 PM			
Assateague Group - Living Sober	Kenny G	Bethany United Methodist Church	6848 RT 611 Berlin	Sunday 6 PM			
Beginner's Big Book	Joe P	Atlantic Club	11827 RT 50 West Ocean City	Monday 6:30 PM			
Berlin 101 Women's (CLOSED)	Patricia G	St. Paul's Episcopal Church	3 Church Street Berlin	Saturday 9 AM			
Berlin Friendship	VACANT	Friendship United Methodist Church	Friendship Road Berlin	Monday 8 PM			
Come As You Are	Jennie R.	Ocean Pines Chamber of Commerce	11031 Cathell Rd Berlin	Tuesday 6 PM			
Entirely Ready	Robin D	Atlantic Club	11827 RT 50 West Ocean City	Friday 6 PM			
Free To Be Women's	Barbie G	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 8 PM			
Fresh Air	Allison K	Crossway Church	11811 RT 50 West Ocean City	Tuesday 8 PM			
Happy Hour	Susan W	Community Church at Ocean Pines	11227 Race Track RD Ocean Pines	Monday 6 PM			
Happy, Joyous & Free Women's Step Study	Carolyn F	Community Church at Ocean Pines	11227 Race Track RD Ocean Pines	Friday 10 AM			
Happy Risers	Keith L	Atlantic Club	11827 RT 50 West Ocean City	M thru F 7:30AM S & S 9 AM			
Joy of Living	Diane H	Atlantic Club	11827 RT 50 West Ocean City	M thru Sat Noon			
Men's 12&12 Step	Jeff S	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 8 PM			
Not A Glum Lot	Charles J	All Hallows Episcopal Church	109 West Market Street Snow Hill	M/W/F 7:30 PM			
One Step At A Time	Martha J	Atlantic Club	11827 RT 50 West Ocean City	Saturday 6 PM			
Positive Attitude	Rob A	Stevenson United Methodist Church	123 N Main Street Berlin	Saturday 7 PM			
Primary Purpose	VACANT	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Thursday 7 PM			
Proud To Have Served	John M	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 6 PM			
Seaside Group	Mark M	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Wednesday 6 PM			
Serenity Group	Ellen O	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Wednesday Noon			
Serenity & Sand	Angie P	On the Beach	at 2nd St • Weather Permitting	Friday 10 PM Mem. Day - Sept. 6			

District 32 6342 Knoll Hill Dr Berlin, MD 21811	OC Intergroup PO Box 913 Ocean City, MD 21842	MD General Service, Inc. PO Box 8043 Elkridge, MD 21075	General Service Office Box 459 Grand Central Station New York, NY 10163
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