

THE JOURNEY AT THE BEACH

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Tradition Five - "Each group has but one primary purpose - to carry its message to the alcoholic who still suffers."

Twelve Steps and Twelve Traditions, page 150

ANNIVERSARY CELEBRATIONS

These fellows celebrate this month. Congrats to you all!

Since there are limited in-person meetings, we hope to see you in Zoom or at the Atlantic Club.

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Butch A	18	05/03/03	Acknowledged	Proud To Have Served • Atlantic Club	6 pm
Tom S	21	05/09/99		Happy Risers • Atlantic Club	9 am
Susan S	11	05/14/09		Positive Attitude • Berlin	7 pm
Judy B	30	05/28/90		Happy Risers • Atlantic Club	9 am
Joe C	40	06/16/80		Proud To Have Served • Atlantic Club	6 pm

Please submit all anniversary information to Carla H at info@ocaa.org by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

Step Five • "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

Twelve Steps and Twelve Traditions, page 55

Fifth Step Prayer • "Higher Power, Thank you for helping me complete my housecleaning. I can now look the world in the eye. I can be alone at perfect peace and ease. My fears have fallen from me. I have begun to feel your nearness. I have begun to have a spiritual experience. I feel I am on the BroadHighway, walking hand in hand with the Spirit of the Universe."

based on Alcoholics Anonymous, page 75

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News and Events

District 32 and the Ocean City Area Fellowship Intergroup meet every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound).

This month we will meet via Zoom. Intergroup Reps will be notified about the details.

Next meeting is	May 5th
General Service Reps	5:30 pm
Intergroup Reps	6:00 pm

Website • Visit Ocean City Fellowship Intergroup of AA's website at <https://ocaa.org/update> for **real time revisions to the following schedule.**

Listed below are some Virtual Meetings taking place now in the Ocean City Intergroup:

If your Home Group is doing this and they would like your meeting published, please email the details to info@ocaa.org and we will post it so others can join in. Here's some guidance on [how to set up a remote meeting](#) with [Google Hangout](#), [Zoom](#) or [FreeConferenceCall](#)

Monday

- **6 pm Happy Hour** via Zoom <https://us04web.zoom.us/j/991330530> Dial in: +1 (301)-715-8592 Meeting ID: 991 330 530
- **7:30 pm Not A Glum Lot** via Zoom <https://us02web.zoom.us/j/217995249?pwd=cXlZK2lCanRtY2pqOE9hSG4rNG9HUT0> Dial in: +1 (301)-715-8592 Meeting ID: 217 995 249 Password: 382990

Tuesday

- **8 pm Fresh Air Group** meeting via Zoom <https://us02web.zoom.us/j/883151032?pwd=KzM1cGtMOFNlOVVUWDdmQnh5SVNjUT09> Dial in: +1 (301)-715-8592 Meeting ID: 883 151 032 Password: 352385

Wednesday

- **8 pm Free To Be Women's** group via Zoom: <https://us04web.zoom.us/j/358229631> Dial in: +1 (301)-715-8592 Meeting ID: 358 229 631

Thursday

- **7 pm Primary Purpose** group Big Book Study Meeting via <https://ppgmd.org>

Friday

- **10 am Happy, Joyous and Free Women's** group via Zoom <https://us04web.zoom.us/j/798078394> Dial in: +1-(301)-715-8592 Meeting ID: 798 078 394
- **8 pm Action Group** via Zoom: <https://us02web.zoom.us/j/83700376116?pwd=bldFZnkwdXRGVUUtCOENJcWdKcjRldz09> Dial in: +1-(301)-715-8592 Meeting ID: 837 0037 6116 Password: 497989

Saturday

- **7 pm Saturday Night Live! Apr 11, 2020** via Zoom <https://us04web.zoom.us/j/954508347?pwd=TDJ0UnNuYmZlYm9Ed1pHQmxEWHR0Zz09> Meeting ID: 954 508 347 Password: 646266

OCAA Phone Schedule 410-600-5219

Dawn R is the chair of the OCAA phone committee.

May - Happy Hour June - Positive Attitude July - Happy Risers August - Action Group

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More Resources

Maryland Intergroups outside of Area 29 are also maintaining lists of online meetings:

Baltimore <https://baltimoreaa.org/upcoming-phone-online-meetings/>

Hagerstown <https://www.hagerstownaa.org/covid-19-updates-for-aa/>

Mid Shore https://1ff6716a-bbac-4643-a36e-8b7bbdaf4807.filesusr.com/ugd/3a7348_e4132bd8c64141cd83fc25ac8cba802e.docx?dn=Conference%20call%20meetings%20v3.docx

Northeast Maryland <https://www.nemdaa.org/virtual-meetings>

Southern Maryland <http://www.somdintergroup.org/olm.html>

West Central <https://westcentralaa.org/online%20meetings/>

Online Meeting Resources: with the statewide orders to limit in-person gatherings, many of us are experiencing online, virtual, or dial-in meetings for the first time. Please keep in mind that not everyone has online access from their home and consider ways to include those alcoholics in your virtual meetings! I want to highlight a few resources that we've run across which might be generally helpful as you participate in or host online or dial-in meetings:

- Baltimore Intergroup Updates on Virtual Meetings (Anonymity, 7th Tradition, etc.)
 - <https://mailchi.mp/e207727ac28d/covid19announcement32092020-2593798>
 - <https://mailchi.mp/9d87b5502184/covid19announcement3252020-2596350>
- Protecting Anonymity in Zoom Meetings:
 - <https://aasfmarin.org/zoom-meetings-protecting-anonymity-default-settings>
- Personal Anonymity in Zoom Meetings:
 - <https://aasfmarin.org/maintain-anonymity-online-zoom-meeting>
- Managing Attendees in Zoom Meetings:
 - <https://www.nyintergroup.org/managing-meeting-participants/>
- How to Move an AA Meeting Online in Five Simple Steps:
 - <https://aasfmarin.org/how-to-move-an-a-a-meeting-online-in-5-simple-steps>
- Setting Up a Remote Meeting:
 - <https://aasfmarin.org/setting-up-remote-meetings-help>
- Suggested Best Practices for a Digital Seventh Tradition:
 - <https://aasfmarin.org/online-contributions-your-digital-7th-tradition-guide-to-best-practices>

Grapevine • Founded in 1944, the AA Grapevine® is the monthly, international journal of Alcoholics Anonymous in print, digital and audio. Often referred to as our “meeting in print,” A.A. Grapevine communicates the experience, strength, and hope of its contributors and reflects a broad geographic spectrum of current A.A. experience with recovery, unity, and service. **AA Grapevine Available Free:** the 2020 digital editions of AA Grapevine, as well as the audio versions, are available free online at: <https://www.aagrapevine.org/we-are-here-to-help>

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OCEAN CITY AREA FELLOWSHIP INTERGROUP

CHAIR - Rick S ALT CHAIR - Jeff C SECRETARY - Allison K TREASURER - Bradley S

GROUP	INTERGROUP REP	LOCATION	ADDRESS	DAY & TIME
Action Group	Bradley S	Holy Savior Catholic Church	17 th & Philadelphia Ocean City	Friday 8 PM
Assateague Group - Living Sober	Kenny G	Bethany United Methodist Church	6848 RT 611 Berlin	Sunday 6 PM
Beginner's Big Book	Joe P	Atlantic Club	11827 RT 50 West Ocean City	Monday 6:30 PM
Berlin 101 Women's (CLOSED)	Patricia G	St. Paul's Episcopal Church	3 Church Street Berlin	Saturday 9 AM
Berlin Friendship	VACANT	Friendship United Methodist Church	Friendship Road Berlin	Monday 8 PM
Come As You Are	Jennie R.	Ocean Pines Chamber of Commerce	11031 Cathell Rd Berlin	Tuesday 6 PM
Entirely Ready	Robin D	Atlantic Club	11827 RT 50 West Ocean City	Friday 6 PM
Free To Be Women's	Barbie G	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 8 PM
Fresh Air	Allison K	Crossway Church	11811 RT 50 West Ocean City	Tuesday 8 PM
Happy Hour	Susan W	Community Church at Ocean Pines	11227 Race Track RD Ocean Pines	Monday 6 PM
Happy, Joyous & Free Women's Step Study	Carolyn F	Community Church at Ocean Pines	11227 Race Track RD Ocean Pines	Friday 10 AM
Happy Risers	Keith L	Atlantic Club	11827 RT 50 West Ocean City	M thru F 7:30AM S & S 9 AM
Joy of Living	Diane H	Atlantic Club	11827 RT 50 West Ocean City	M thru Sat Noon
Men's 12&12 Step	Jeff S	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 8 PM
Not A Glum Lot	Charles J	All Hallows Episcopal Church	109 West Market Street Snow Hill	M/W/F 7:30 PM
One Step At A Time	Martha J	Atlantic Club	11827 RT 50 West Ocean City	Saturday 6 PM
Positive Attitude	Rob A	Stevenson United Methodist Church	123 N Main Street Berlin	Saturday 7 PM
Primary Purpose	VACANT	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Thursday 7 PM
Proud To Have Served	John M	Atlantic Club	11827 RT 50 West Ocean City	Wednesday 6 PM
Seaside Group	Mark M	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Wednesday 6 PM
Serenity Group	Ellen O	St Peter's Lutheran Church	10301 Coastal Hwy Ocean City	Wednesday Noon
Serenity & Sand	Angie P	On the Beach	at 2nd St • Weather Permitting	Friday 10 PM Mem. Day - Sept. 6

District 32
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Berlin, MD 21811

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