THE JOURNEY AT THE BEACH

J U N E 2 O 2 1

Tradition Six - "An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

Twelve Steps and Twelve Traditions, page 155

ANNIVERSARY CELEBRATIONS

"To thine own self be true"

| NAME | YEARS | SOBRIETY DATE | CELEBRATING | WHERE | WHEN |
|-----------|-------|---------------|-------------|---------------------------------------|---------|
| Chris S | 2 | 06/08/19 | 06/08/21 | Happy Risers • Atlantic Club | 7:30 am |
| Celeste R | 15 | 06/17/06 | 06/22/21 | Come As You Are • OP Chamber of Comm. | 6 pm |
| Joe C | 41 | 06/16/80 | | Proud To Have Served• Atlantic Club | 6 pm |
| Paul B | 4 | 06/20/17 | 06/20/21 | Happy Risers • Atlantic Club | 9 am |
| Kevin C | 1 | 06/22/20 | 06/22/21 | Happy Risers • Atlantic Club | 7:30 am |
| Allison K | 12 | 06/25/09 | | Fresh Air • Crossway Church | 8 pm |
| Glen A | 9 | 07/05/12 | | Happy Risers • Atlantic Club | 9 am |

Please submit all anniversary information to info@ocaa.org by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

Step Six • "Were entirely ready to have God remove all these defects of character."

Twelve Steps and Twelve Traditions, page 63

"This is the Step that separates the men from the boys."... the difference between "the boys and the men" is the difference between striving for a self-determined objective and for the perfect objective which is of God.... It is suggested that we ought to become entirely willing to aim toward perfection.... The moment we say, "No, never!" our minds close against the grace of God.... This is the exact point at which we abandon limited objectives, and move toward God's will for us.

Daily Reflections, page 165

THE JOURNEY AT THE BEACH

Crosstalk

A.A. has often been referred to as a "Benign anarchy" — a world in which autonomy from group to group can seem like an invitation to chaos. Yet, unruly as some groups appear, when guided by the need for unity that underlies all A.A. activity and shaped by the recognition that the Fellowship is built on the connection that happens when one alcoholic shares his or her experience with another, a kind of order takes hold of almost every A.A. meeting.

As Bill W. notes in the introduction to the long form of the Traditions in the Big Book, "We alcoholics see that we must work together and hang together, else most of us will finally die alone."

One thing many groups have discovered that can test that unity within meetings, however, is crosstalk – sharing that is often considered intrusive and generally disruptive.

Crosstalk can mean different things to different people. Some groups define any comments, negative or positive, about another person's sharing beyond "*Thank you for your share*" as crosstalk or interference. Some outline crosstalk as engaging directly in conversation with another alcoholic during the meeting or providing commentary or feedback on what another has shared.

The Washington Heights Group in Upper Manhattan has a statement, born of the group conscience, which is read at every Thursday evening meeting: "Feedback and crosstalk are discouraged here. Crosstalk is giving advice to others who have already shared, speaking directly to another person rather than to the group and questioning or interrupting the person speaking at the time. If crosstalk occurs, the chair will remind you of this policy."

Of course, there can be a fine line between sharing and intrusion, as many groups have discovered, and what works in one location may not work in another.

The main thing most groups can agree on, however, is that all sharing needs to be nonjudgmental. "From the very beginning, one drunk talking to another has made the A.A. program go round," says Anne T., of Rome, New York. "When someone shares in response to something I've said, that's okay, but only so long as there's not even a hint of censure, belittlement, scolding or preaching, all under the guise of sharing. Knowing there's no risk of judgement makes me feel safe."

J.P., of Spokane, Washington, has also found that crosstalk of a giving nature is "sort of a language of the heart. It occurs with familiarity and can be very helpful. If members know one another well, as they tend to in small groups, they feel comfortable about saying, T'd like to add something to what Jane said...' To me the key is comfort and the hope that sharing one's experience in recovery will help another alcoholic to stay sober and face life's challenges with greater ease."

Noting of crosstalk that "until the 1990s the word wasn't even in A.A. vocabulary," Susan U. of the 79th Street Workshop in New York City cautions against setting up too many rules and regulations in response to what – and how – people share in meetings: "There are no rules in A.A, just customs and the conscience of each autonomous group, and experience shows that for most groups attempts to control don't work very well. On the other hand, the nonjudgmental sharing we receive at meetings in response to something we have said can be beneficial to our recovery. It's how we learn to live sober, productive lives, and that's what sharing our experience and strength is about."

In general, then, when it comes to crosstalk, giving advice or disruptive sharing in meetings, keeping the focus on A.A. unity – and on our own personal experiences as they may be helpful to another recovering alcoholic – can provide a useful guideline to keep group sharing on track and resentments from creeping in.

As many groups have found, however, from time to time it may require a living reminder from the group's chair.

By General Service Office, Box 459 Newsletter - Vol. 63, No. 1 / Spring 2017

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Events



Saturday, June 12th, 2021 5:30-7:30 pm

Assateague National Park

Bonfire commemorating Founder's
Day • AA's 86th Birthday
Meeting to follow
Make the 1st left into the parking lot
after entering the park



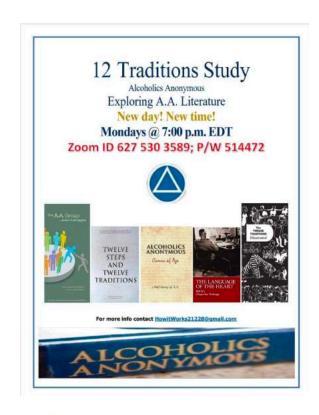
Save the Date:

Sunday, September 19th, 2021 1-5 pm AA Picnic at Showell Park

11281 Racetrack Rd Berlin, MD 21811

Bring side dishes







August 20 - August 21, 2021 Richmond, Virginia

25th Annual Southeast Woman to Woman Conference

"Secrets Women Don't Share"

A Conference for sober Alcoholic women with Al-Anon participation



This is a Virtual Event

Speakers Workshops Old Timers Panel Marathon Meetings

Registration is free but required at www.sewomantowoman.org

For more information, contac

Robin S., Registration Chair 804-687-8584, richmond.sew2w2020@gmail.co Julie H., Co-Chair 804-901-1055, SEW2WJulie@yabou.cum

Flo D., Chair 804-715-7073, flod930@gmail.com Shirley P., Hospitality Chair 252-292-9823, shirleyhp01@aol.com

THE JOURNEY AT THE BEACH

District 32 and the **Ocean City Area Fellowship Intergroup meet every first Tuesday of the month** at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound). All are welcome to attend.

Next meeting is July 6th General Service Reps 5:30 pm Intergroup Reps 6:00 pm

Virtual Meetings

Meetings • Groups are slowly reopening in-person meetings in accordance with Mayor Hogan's guidelines. Please visit the Meetings Page for the latest updates. Listed below are Virtual Meetings taking place in the Ocean City Intergroup. Visit Ocean City Fellowship Intergroup of AA's website at ocaa.org/update for real time revisions to the following schedule.

Monday

• 6 pm Happy Hour via Zoom https://us02web.zoom.us/j/89390852132 Dial in: +1 (301)-715-8592 Meeting ID: 893 9085 2132 Password: 494142 **Hybrid Meeting begins June 7**, 2021 at Seaside Plumbing, 10545 Friendship Rd #4, Berlin, MD 21811

Wednesday

- 7 pm The Promises via Zoom https://us02web.zoom.us/j/217995249?

 pwd=cXlZK21CanRtY2pqOE9hSG4rNG9HUT09 Dial in: +1 301 715 8592 Meeting ID: 217 995 249 Password: 382990
- 7 pm Al-Anon Bayside Beginning Ocean Pines via Zoom https://us02web.zoom.us/j/82512805793?

 pwd=VjJsOUt4anlJcTlyY0pBRWhTZDI2QT09 Dial in: +1 (301)-715-8592 Meeting ID: 825 1280 5793 Password: 058548
- **8 pm Free To Be Women's** group via Zoom: https://us04web.zoom.us/j/358229631 Dial in:+1 (301)-715-8592 Meeting ID: 358 229 631 Password: 9S1PSg

Friday

• 10 am Happy, Joyous and Free Women's group via Zoom https://us02web.zoom.us/j/84631768850?

pwd=S0F3a2xtRWN5WE9QMFlrbCtDRmRZQT09 Dial in:+1 (301)-715-8592 Meeting ID: 846 3176 8850

Password: 313033. This is a **Hybrid Meeting** at The River Church of the Nazarene Sanctuary, 11004 Worcester Hwy, Berlin MD 21811

Saturday

7 pm Saturday Night Live! Apr 11, 2020 via Zoom https://us04web.zoom.us/j/954508347?
 pwd=TDJ0UnNuYmZIYm9Ed1pHQmxEWHR0Zz09 Dial in: +1 (301)-715-8592 Meeting ID: 954 508 347
 Password: 646266

Sunday

• 8 pm CDA (Chemical Dependents Anonymous) • Step To It! via Zoom https://us02web.zoom.us/j/86011984838?pwd=RHdSaTdJSUhpNk5tUE0zcUloZnJmUT09 Dial in: +1 (301)-715-8592 Meeting ID: 860 1198 4838 Password: 611310

OCAA Help Line Phone Schedule 410-600-5219

June - Action Group July - Fresh Air August - Happy Hour September - Positive Attitude