

# THE JOURNEY AT THE BEACH

D E C E M B E R 2 0 2 1

**Tradition Twelve** • *“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”*

**Twelve Steps and Twelve Traditions, page 180**

## ANNIVERSARY CELEBRATIONS

*“To thine own self be true”*

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Kristina B	1	11/28/20	12/07/21	Come As You Are • Seaside Plumbing	6:00 pm
Heather K	17	12/03/04	12/14/21	Come As You Are • Seaside Plumbing	6:00 pm
Susan B	21	11/29/00	12/05/21	Happy Risers • Atlantic Club	9:00 am
Pat L	12	12/13/09	12/14/21	Fresh Air • Crossway Church	8:00 pm
Stephanie L	35	12/19/86	12/22/21	Seaside Group • Church of the Holy Spirit OC	6:00 pm
Jennie R	13	12/20/08	12/21/21	Come As You Are • Seaside Plumbing	6:00 pm
Mike B	26	12/28/95	01/01/22	Positive Attitude • Stevenson UM Church Berlin	7:00 pm
Keith L	5		01/01/22	Happy Risers • Atlantic Club	9:00 am

Please submit all anniversary information to Carla H at [info@ocaa.org](mailto:info@ocaa.org) by the 28<sup>th</sup> of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

**Step Twelve** • *“Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.”*

**Twelve Steps and Twelve Traditions, page 184**

**Twelfth Step Prayer** • *Dear God, Having had a spiritual experience, I must now remember that "faith without works is dead." And PRACTICAL EXPERIENCE shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. So, God, please help me to carry this message to other alcoholics! Provide me with the guidance and wisdom to talk with another alcoholic because I can help when no one else can. Help me secure his confidence and remember he is ill.*

**Alcoholics Anonymous, page 89:1**  
<http://silkworth.net/pages/aa/prayer.php>

# THE JOURNEY AT THE BEACH

## Intergroup

**District 32** and the **Ocean City Area Fellowship Intergroup** meet every **first Tuesday of the month** at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound). All are welcome to attend.

**Next meeting is Tuesday, December 7th at 6:00 pm**

## Virtual Meetings

**Meetings** • Please visit the [Meetings Page](#) for the latest updates. Listed below are Virtual Meetings taking place in the Ocean City Intergroup. Visit Ocean City Fellowship Intergroup of AA's website at [ocaa.org/update](http://ocaa.org/update) for real time revisions to the following schedule.

### Wednesday

- **6 pm The Promises** via Zoom [https://us02web.zoom.us/j/217995249?](https://us02web.zoom.us/j/217995249?pwd=cXlZK2lCanRtY2pqOE9hSG4rNG9HUT09)  
[pwd=cXlZK2lCanRtY2pqOE9hSG4rNG9HUT09](https://us02web.zoom.us/j/217995249?pwd=cXlZK2lCanRtY2pqOE9hSG4rNG9HUT09) Dial in: +1 301 715 8592 Meeting ID: 217 995 249 Password: 382990
- **7 pm Free To Be Women's** group via Zoom: <https://us04web.zoom.us/j/358229631> Dial in:+1 (301)-715-8592 Meeting ID: 358 229 631 Password: 9S1PSg


### Friday

- **8 pm Action Group** [https://us02web.zoom.us/j/79892079649?](https://us02web.zoom.us/j/79892079649?pwd=QXV0cWU4ZlVQZHVwNUlrOU9lYmwxzd09)  
[pwd=QXV0cWU4ZlVQZHVwNUlrOU9lYmwxzd09](https://us02web.zoom.us/j/79892079649?pwd=QXV0cWU4ZlVQZHVwNUlrOU9lYmwxzd09) Meeting ID: 798 9207 9649 Password: BillnBob Dial in: +1 (301)-715-8592 Password: 61093323 **Hybrid Meeting** • Both on Zoom and In Person at St Mary Star of the Sea, 1705 Philadelphia Ave, Ocean City, MD 21842

### Saturday

- **7 pm Saturday Night Live!** Apr 11, 2020 via Zoom [https://us04web.zoom.us/j/954508347?](https://us04web.zoom.us/j/954508347?pwd=TDJ0UnNuYmZlYm9Ed1pHQmxEWHR0Zz09)  
[pwd=TDJ0UnNuYmZlYm9Ed1pHQmxEWHR0Zz09](https://us04web.zoom.us/j/954508347?pwd=TDJ0UnNuYmZlYm9Ed1pHQmxEWHR0Zz09) Dial in: +1 (301)-715-8592 Meeting ID: 954 508 347 Password: 646266

Formerly sponsored by SEMV  
Newly sponsored by Baltimore MD

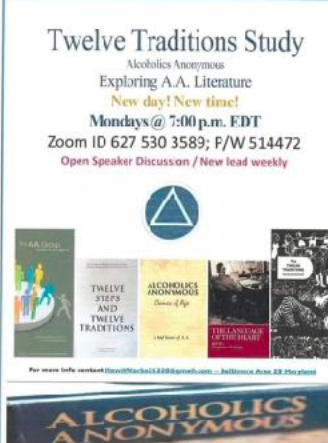


**STORY TIME!**  
Wednesday Nights at  
8 p.m. EDT  
Zoom ID  
627 530 3589  
PW: 514472

Bring 1 copy of the book, read aloud and discuss a chapter or two during the meeting. Contact Area 29, A.A. Friends and Relations.

**THE LANGUAGE OF THE HEART**  
Bill W's Grapevine Writings  
howitworks21228@gmail.com


**Twelve Traditions Study**  
Alcoholics Anonymous  
Exploring A.A. Literature  
New day! New time!  
Mondays @ 7:00 p.m. EDT  
Zoom ID 627 530 3589; P/W 514472  
Open Speaker Discussion / New lead weekly



ALCOHOLICS ANONYMOUS

**Reading and Study Group**  
Alcoholics Anonymous

**Current Series: Area Service**  
The Area 29 Assembly Handbook & Amended Bylaws\*



Beginning 8/11/21  
**Wednesdays 6:30-7:30 p.m. EDT**  
**Zoom ID 627 530 3589**  
**P/W 514472**

\* This is a group of A.A. Members who want to be active in and learn more about Area Service

\* This Study Group is not sponsored by Area 29

For more info contact [HowitWorks21228@gmail.com](mailto:HowitWorks21228@gmail.com)

# THE JOURNEY AT THE BEACH

## Don't Miss It!

**"THE BIG BOOK BOOTCAMP!"**

Sponsored by: Ocean City Maryland Intergroup

**Sunday Dec. 12th, 2021**

Atlantic Club - 11827 Ocean Gateway Ocean City, Maryland

**11 AM - 3 PM**  
OUR DOORS OPEN AT 10 AM

**THIS IS A FREE EVENT!**  
**LUNCH WILL BE PROVIDED!**  
OUR EVENT WILL BE TAPED!

**FACILITATORS:**  
**ROBBIE W. & BEN N.**  
**OF THE JERSEY SHORE**

**QUESTIONS?**  
**COLLEEN B. OR KATE H.**  
**443-856-5311 410-600-5802**




**THE PROMISES**  
*(A Meeting of Gratitude)*  
**It's New Time - 6 PM**  
**Beginning Wednesday,**  
**12/1/2021**

OCAA Zoom Meeting  
Wednesdays @ 6 PM  
Meeting ID 217995249  
Password 382990

**Free To Be** 

**Women's Meeting**  
Wednesdays 7 pm  
Zoom Meeting ID 358 229 631  
Password 9S1PSg  
Discussion of *Daily Reflections*

**Footprints in the Winter Sand is back!**

**Clarion Resort Fountainebleau Hotel**  
**10100 Coastal Highway**  
**Ocean City, MD 21842**

**Friday, February 4th - Sunday, February 6th, 2022**

To print an application, visit  
<https://ocaa.org/news>

It's the return of.....



When: Saturday Nights 6pm  
Where: The Atlantic Club

\*Come out and join us for Local Speakers \*  
Out of Town Speakers \* Experience \*  
Strength \* Hope \* Fellowship \* Fun \*





# THE JOURNEY AT THE BEACH



## Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



**1** Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak at a clubhouse or central office, help with dishes, or visit the alcoholic ward at a hospital.



**2** Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



**3** Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



**4** Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



**5** Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



**6** If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



**7** Don't think you have to stay late. Plan in advance an "important date" you have to keep.



**8** Worship in your own way.



**9** Don't sit around brooding. Catch up on those books, museums, walks, and letters.



**10** Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



**11** Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



**12** "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

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