

THE JOURNEY AT THE BEACH

M A Y 2 0 2 2

Tradition Five - "Each group has but one primary purpose - to carry its message to the alcoholic who still suffers."

Twelve Steps and Twelve Traditions, page 150

ANNIVERSARY CELEBRATIONS

"To thine own self be true"

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Mike B	39		05/01/22	Happy Risers • Atlantic Club	9:00 am
Butch A	20	05/03/03	Acknowledged	Proud To Have Served • Atlantic Club	6:00 pm
Christine	1		05/07/22	Happy Risers • Atlantic Club	9:00 am
Bootsie F	16	05/09/06	05/09/22	Happy Risers • Atlantic Club	7:30 am
Tom S	23	05/09/99	05/15/22	Happy Risers • Atlantic Club	9:00 am
Elwood J	1	05/11/21	05/16/22	Berlin Friendship Group • River Church	7:00 pm
Patrick	1		05/20/22	Happy Risers • Atlantic Club	7:30 am
Tom D	7	05/22/15	05/21/22	Happy Risers • Atlantic Club	9:00 am
Judy B	32	05/28/90	05/28/22	Happy Risers • Atlantic Club	7:30 am
Courtney	1		05/29/22	Happy Risers • Atlantic Club	9:00 am
Jennifer O	1	06/13/21	06/14/22	Come As You Are • River Church	6:00 pm

Please submit all anniversary information to Carla H at info@ocaa.org by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

Step Five • "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

Twelve Steps and Twelve Traditions, page 55

Fifth Step Prayer • "Higher Power, Thank you for helping me complete my housecleaning. I can now look the world in the eye. I can be alone at perfect peace and ease. My fears have fallen from me. I have begun to feel your nearness. I have begun to have a spiritual experience. I feel I am on the Broad Highway, walking hand in hand with the Spirit of the Universe."

based on Alcoholics Anonymous, page 75

THE JOURNEY AT THE BEACH

RECOVERY Campout Weekend at Fort Whaley Campground

Whaleyville, Maryland

Friday, May 20, 2022 – Sunday May 22, 2022

JOIN us for Fun, Food & Fellowship



8 PM Recovery Meetings

Hoe-Down BBQ

Cornhole & Pickleball Tournaments

CABINS,
TENT & RV
SPACES
AVAILABLE

LIMITED SPACE AVAILABLE – [CLICK HERE FOR MORE INFORMATION OR CALL 410-213-1007](#)

From <https://www.aacle.org/twelve-spiritual-principles/>

Bill W. considered each step to be a spiritual principle in and of itself. However, particularly in the 12 & 12, he outlined the spiritual principles behind each step. Some of them seem like common sense, but understand going into the exercise that reading these principles and actually *practicing them in your day-to-day lives* are two entirely different things (and that the latter requires vigilance and willingness).

1. **HONESTY** – Fairness and straight forwardness of conduct; adherence to the facts.
2. **HOPE** – To expect with desire; something on which hopes are centered.
3. **FAITH** – Complete confidence; belief and trust.
4. **COURAGE** – Firmness of mind and will in the face of extreme difficulty; mental or moral strength to withstand fear.
5. **INTEGRITY** – The quality or state of being complete or undivided; soundness.
6. **WILLINGNESS** – Prompt to act or respond; accepted and done of choice or without reluctance.
7. **HUMILITY** – Not proud or haughty; not arrogant or assertive; a clear and concise understanding of what we are, followed by a sincere desire to become what we can be.
8. **LOVE** – Unselfish concern that freely accepts another in loyalty and seeks his good to hold dear.
9. **DISCIPLINE** – Training that corrects, molds, or perfects the mental faculties or moral character; to bring under control; to train or develop by instruction.
10. **PATIENCE/PERSEVERANCE** – Steadfast despite opposition or adversity; able or willing to bear; to persist in an understanding in spite of counter influences.
11. **AWARENESS** – Alive and alert; vigilance in observing.
12. **SERVICE** – A helpful act; contribution to the welfare of others; useful labor that does not produce a tangible commodity.

By Unknown Author



THE JOURNEY AT THE BEACH

Four(4) Scholarships of \$1000.00 each are available for College and/or Tradeschool



Scholarship #1- Eligible for Highschool Seniors attending school in the fall of 2022 – Deadline May 6, 2022

The Atlantic Club is offering two (2) scholarships, in the amount of \$1000 each to a Worcester County High School senior --from any of the five high schools in the county. The awarding of this scholarship will be based on an essay and recommendation from a guidance counselor. Student grade point average and class standing will NOT be factors in the decision process. The essay should be no more than two (2) typewritten pages and focus on the topic "How Addiction has Affected My family". The applicant should feel free to openly describe how addiction has impacted them and be assured that the information in the essay will be kept in the highest confidence.

Send an email to cwareing56@gmail.com to request an application form and further instructions

Scholarship #2- Eligible for persons in recovery who have at least one year of recovery and have been accepted into trade school or college (two 2 scholarships available) Deadline June 1, 2022

This new scholarship, in the amount of \$1000.00 each will be offered by The Atlantic Club and a second matched by a donor. Two scholarships will be awarded to a college or tradeschool student who has demonstrated sustained recovery (min of one year) from addiction. The applicant should feel free to openly describe how addiction has impacted them and be assured that the information in the essay will be kept in the highest confidence.

Send an email to cwareing56@gmail.com to request an application form and further instructions

SAFETY CARD FOR A.A. GROUPS

The General Service Office has made this optional card available as an A.A. service piece for in-person/online groups that wish to use it. Please feel free to utilize, choose a section(s) or adapt the text to your group's needs.

Tradition Five states: Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.

Any person seeking help with a drinking problem is welcome at this group. No A.A. entity determines an individual's membership in Alcoholics Anonymous. It is this group's conscience that if any person endangers another individual or disrupts the group's efforts to carry A.A.'s message, the group may ask that person to leave the meeting.

This group strives to safeguard the anonymity of A.A. members and attendees; however, keep in mind that anonymity in A.A. is not a cloak for unsafe and illegal behavior. Addressing such behavior and/or contacting the proper authorities when appropriate, does not go against any A.A. Traditions and is meant to ensure the safety of all in attendance.

The short form of Tradition One states: "Our common welfare should come first; personal recovery depends upon A.A. unity." Recognizing the importance of group unity, our group strives to create a safe meeting environment in which alcoholics can focus on achieving sobriety.

Service Material from the General Service Office



Join Us!



"A Gift of Love" AA Workshop Sponsored by OC Intergroup
JUNE 5th | 1:00-3:00 | ATLANTIC CLUB | 11827 OCEAN GATEWAY,
OCEAN CITY, MD
Facilitator will be going through the Steps using the 12 & 12
BRING OUR 12 & 12 IF YOU HAVE IT! NOT REQUIRED BUT ENCOURAGED
COFFEE AND REFRESHMENTS WILL BE SERVED

TO THINE OWN SELF BE TRUE
RARELY HAVE WE SEEN A PERSON
FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH

Area 29 Accessibilities 6/5/22 @ 4 p.m. EDT

a presentation by the:



AA Deaf Intergroup
of Central Texas

841 2499 3206

pw 326186

accessibilities@marylandaa.org



Delaware State Convention

SAVE THE DATE -- AND ATTEND!

May 21 - 22 - Area 12 Convention
Rehoboth Beach Convention Center
Rehoboth Beach, DE.

A jam-packed weekend featuring speakers, activities and fellowship! For pre-registration and hotel information visit: deconvention.org

Interested in volunteering? contact: conventionchair@delawareaa.org

THE JOURNEY AT THE BEACH

Intergroup

District 32 and the **Ocean City Area Fellowship Intergroup** meet every **first Tuesday of the month** at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21843 (Route 50 Westbound). All are welcome to attend.

Next meeting is Tuesday, April 5th at 6:00 pm

Virtual Meetings

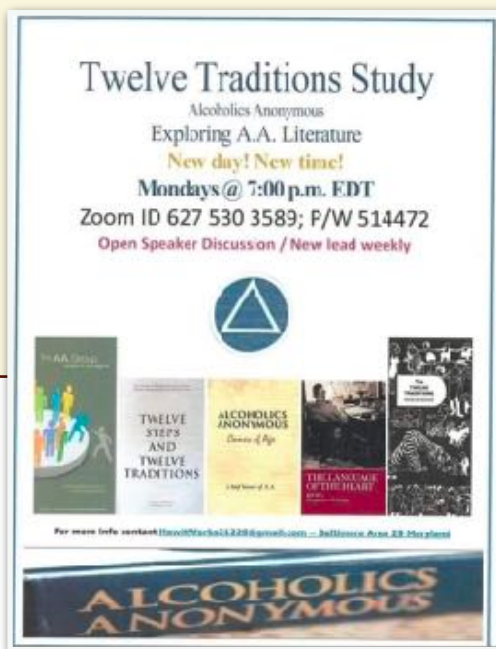
Meetings • Please visit the [Meetings Page](#) for the latest updates. Listed below are Virtual Meetings taking place in the Ocean City Intergroup. Visit Ocean City Fellowship Intergroup of AA's website at ocaa.org/update for real time revisions to the following schedule.

Wednesday

- **6 pm The Promises** via Zoom [https://us02web.zoom.us/j/217995249?](https://us02web.zoom.us/j/217995249?pwd=cXlZK2lCanRtY2pqOE9hSG4rNG9HUT09)
[pwd=cXlZK2lCanRtY2pqOE9hSG4rNG9HUT09](https://us02web.zoom.us/j/217995249?pwd=cXlZK2lCanRtY2pqOE9hSG4rNG9HUT09) Dial in: +1 301 715 8592 Meeting ID: 217 995 249 Password: 382990
- **7 pm Free To Be Women's** group via Zoom: <https://us04web.zoom.us/j/358229631> Dial in: +1 (301)-715-8592 Meeting ID: 358 229 631 Password: 9S1PSg

Saturday

- **7 pm Saturday Night Live!** Apr 11, 2020 via Zoom [https://us04web.zoom.us/j/954508347?](https://us04web.zoom.us/j/954508347?pwd=TDJ0UnNuYmZlYm9Ed1pHQmxEWHR0Zz09)
[pwd=TDJ0UnNuYmZlYm9Ed1pHQmxEWHR0Zz09](https://us04web.zoom.us/j/954508347?pwd=TDJ0UnNuYmZlYm9Ed1pHQmxEWHR0Zz09) Dial in: +1 (301)-715-8592 Meeting ID: 954 508 347 Password: 646266



Twelve Traditions Study
Alcoholics Anonymous
Exploring A.A. Literature
New day! New time!
Mondays @ 7:00 p.m. EDT
Zoom ID 627 530 3589; P/W 514472
Open Speaker Discussion / New lead weekly

For more info contact Howitworks21226@gmail.com or Bill W's Grapevine at 202-254-1444

ALCOHOLICS ANONYMOUS



New Day and Time!! (Effective 12/21/21)
Tuesdays at 7:30 p.m. EDT
ID: 627 530 3589; Pw: 514472
Bring your book; we read and discuss a writing or two each week with members excited about A.A. History and Traditions.

THE LANGUAGE OF THE HEART
Bill W's Grapevine Writings
Howitworks21226@gmail.com