Step 5

May 1, 2025

"Admitted to ourselves and another human being the exact nature of our wrongs"

Twelve Steps and Twelve Traditions, pg. 55

"We pocket our pride and go to it, illuminating every twist of character, every dark cranny of the past. Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly. We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.

Alcoholics Anonymous, pg. 75



The Plain Language Big Book is a tool to help readers understand the book Alcoholics Anonymous, which was first published in 1939. This new book is designed so that the A.A. Twelve Step program of recovery from alcoholism may be easily understood by all people who have a desire to stop drinking.

The Plain Language Big Book has been written to present the original ideas and same spiritual message of the Big Book, Alcoholics Anonymous in simpler language. The Plain Language Big Book covers the core content of what is the "abridged version" (the edition without personal stories) of the original Big Book.

This book is General Service Conference-approved literature.

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"To thine own self be true"

Please submit all anniversary information to Carla H at <u>info@ocaa.org</u> by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Tom M.	1 Year	5/5/2024	5/7/2025	Seaside Group • Holy Spirit Episcopal • OC	6 PM
Bradley S.	13 Years	4/17/2012	5/9/2025	Action Group • Holy Savior Church • OC	8 PM
Elwood M.	4 Years	5/11/2021	5/12/2025	Friendship Group • River Church	8 PM
Judy B.	35 Years	5/28/1990	5/31/2025	Happy Risers • Atlantic Club	9 AM
Bruce P.	14 Years	5/28/2011	5/31/2025	Happy Risers • Atlantic Club	9 AM

Ocean City Area Information

The Ocean City Area Fellowship Intergroup meets every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21842 (Route 50 Westbound) at 6PM. All are welcome to attend. *Next meetings are Tuesday, May 6th and June 3rd, 2025.* Intergroup has opportunities for those with at least 1 year of sobriety for Volunteer Service Work:

- Workshop Committee
- Corrections
- Community Awareness/Outreach, and many more...

AA Meetings · Please visit the <u>ocaa.org/meetings</u> for the latest updates.

Announcement – The Fresh Air Group, held at Crossways Church on RT 50 Tuesday nights, is moving its meeting time to 7 PM.

Inquires • 24 Hour Hotline: 410-600-5219



I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

THE MEETING AT THE GATEHOUSE



Henrietta Seiberling, daughter-in-law of the founder of the Goodyear Rubber Company, invites Bill to the Seiberling estate, where she lives in the gatehouse. She tells him of the struggle of Dr. Robert S., and the meeting of the two men takes place the next day — Mother's Day, May 12, 1935. In the privacy of the library, Bill spills out his story, inspiring "Dr. Bob" to share his own. As the meeting ends hours later, Dr. Bob realizes how much spiritual support can come as the result of one alcoholic talking to another alcoholic.

What's Happening in A.A.





What's Happening in A.A.



2025 REGIONAL FORUMS—ALL WELCOME

Regional Forums strengthen our Fellowship's Three Legacies of Recovery, Unity and Service by providing an opportunity for AA groups and area representatives, as well as any interested AA members in a particular region, to share experience, strength and hope with representatives of the General Service Board and GSO and Grapevine staff members. There is no registration fee for Regional Forums; they are hosted by the General Service Board and coordinated by GSO.

These weekend sharing sessions enhance and widen communication and help spark new ideas for carrying the AA message through service work. Mailings regarding each Regional Forum are sent to area committee members, delegates, DCMs and central offices and intergroups approximately six months ahead of time. Online registration is also available at www.aa.org.

THE 2025 REGIONAL FORUMS ARE:

East Central Forum Aug. 22—24, Marriott IndyPlace, Indianapolis, Indiana <u>West Central Forum</u> Sept. 19—21, Hilton Omaha Health Club & Spa, Omaha, Nebraska <u>Southwest Forum</u> Nov. 14—16, Marriott Albuquerque, Albuquerque, New Mexico <u>Northeast Forum</u> Dec. 5—7, Omni Providence Hotel, Providence, Rhode Island