

AUGUST 1, 2025



Ocean City MD Area Fellowship Intergroup Of Alcoholics Anonymous

# Journey at the Beach

## Step 8

**“Made a list of persons we had harmed, and became willing to make amends to them all.”**

*Twelve Steps and Twelve Traditions, pg. 77*

*“We have a list of all persons we have harmed and to whom we are willing to make amends. We made it when we took inventory. We subjected ourselves to a drastic self-appraisal....Reminding ourselves that we have decided to go to any lengths to find a spiritual experience, we ask the we may be given strength and direction to do the right thing, no matter what the personal consequences may be.*

*Alcoholics Anonymous, pg. 76-79*

## Tradition 8

**“Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”**

*Twelve Steps and Twelve Traditions, pg. 168*

*““Freely ye have received, freely give.” We have discovered that at the point of professionalism, money and spirituality do not mix. Almost no recovery from alcoholism has been brought by the world’s best professionals, either medical or religious. We do not decry professionalism in other fields, but we accept the sober fact that it does not work for us.”*

*Twelve Steps and Twelve Traditions, pg. 168*

## Concept 8

**The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.**

<https://www.aa.org/the-twelve-concepts>

### Inside The Journey at the Beach:

Anniversaries	2
Ocean City Area Information	2
AA History	3
AA.ORG	3
What’s Happening	4



## Anniversary Celebrations – AUGUST

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*“To thine own self be true”*

Please submit all anniversary information to Carla H at [info@ocaa.org](mailto:info@ocaa.org) by the 28<sup>th</sup> of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Jess W.	1 Year	8/16/2024	8/16/2025	Berlin 101 • St. Paul's Episcopal • Berlin	9 AM
Weezy B.	41 Years	8/21/1984	8/23/2025	Berlin 101 • St. Paul's Episcopal • Berlin	9 AM
Judy G.	3 Years	8/19/2022	8/30/2025	Berlin 101 • St. Paul's Episcopal • Berlin	9 AM

## Ocean City Area Information

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**The Ocean City Area Fellowship Intergroup** meets every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21842 (Route 50 Westbound) at 6PM. All are welcome to attend. *Next meetings are Tuesday, September 2nd and October 7th.*

**AA Meetings** · Please visit the [ocaa.org/meetings](http://ocaa.org/meetings) for the latest updates.

**Inquires** • 24 Hour Hotline: 410-600-5219



**I am responsible...**  
**When anyone, anywhere, reaches out**  
**for help, I want the hand of A.A. always to be there.**  
**And for that: I am responsible.**



The Meeting Guide app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.

## AA History – AUGUST

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### The Alcoholic Foundation



Frank Amos and others who had attended the December meeting offer to confer with Bill, Leonard Strong, and various members of the New York group to consider how the movement can be given an organizational framework. As a result, the Alcoholic Foundation is formally established on August 11, 1938, with Dr. Bob as a trustee and Bill on the advisory committee.

Changing the name of the Alcoholic Foundation to the General Service Board of Alcoholics Anonymous was first proposed at the first General Service Conference in the spring of 1951, but the switch becomes official in 1954. The motivation is to signal that the A.A. membership is taking full responsibility for itself.

## AA.ORG INFO

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Approximately two million alcoholics have achieved sobriety in A.A., but members recognize that their program is not always effective with all alcoholics. Some may also require professional counseling or medical treatment.



A.A. is concerned solely with the personal recovery and continued sobriety of individual alcoholics. A.A. doesn't make medical diagnoses, engage in research, or keep records or case histories of members.



A.A. has adopted a policy of cooperation but not affiliation with other organizations concerned with the problem of alcoholism.

## What's Happening

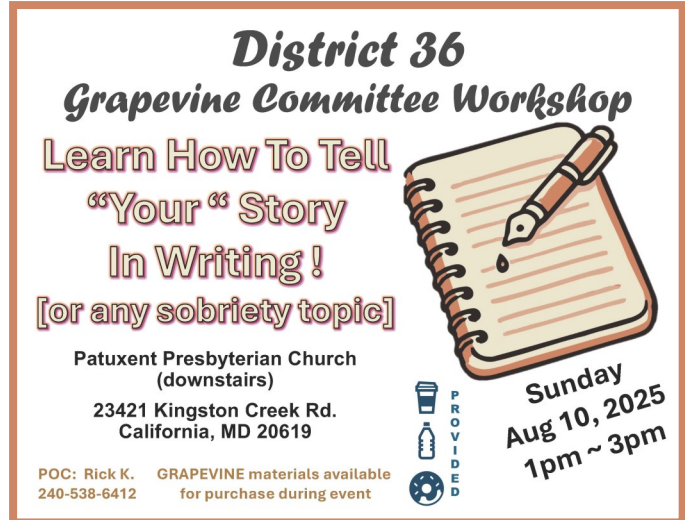
A poster for the 2026 Footprints in the Winter Sand event. It features a background image of a sandy beach with footprints leading towards a snowy dune under a sunset sky. A QR code is in the top left, and a circular badge in the top right says "TICKETS ONLINE ONLY".

**2026 FOOTPRINTS  
IN THE WINTER SAND**

**REGISTRATION  
BEGINS  
SEPTEMBER 15, 2025**

**[footprintsinthewintersand.com](https://footprintsinthewintersand.com)**

**HYATT REGENCY RESORT & SPA CAMBRIDGE, MD  
JANUARY 30th ~ FEBRUARY 1st 2026**

A poster for the District 36 Grapevine Committee Workshop. It features a background image of a spiral notebook with a pen resting on it. The text is in a mix of bold and regular fonts, with some words in italics. A small icon of a coffee cup and a water bottle is on the right.

***District 36***  
***Grapevine Committee Workshop***

**Learn How To Tell  
"Your" Story  
In Writing!  
[or any sobriety topic]**

**Patuxent Presbyterian Church  
(downstairs)  
23421 Kingston Creek Rd.  
California, MD 20619**

**Sunday  
Aug 10, 2025  
1pm ~ 3pm**

**POC: Rick K. 240-538-6412 GRAPEVINE materials available  
for purchase during event**

**PROVIDED**

A poster for the Sixty-Eight Annual Session by the Sea. It features a background image of a beach with waves. The text is in a mix of bold and regular fonts, with some words in italics. A logo for AA Recovery is in the center.

**SIXTY-EIGHT ANNUAL  
Session  
by the Sea**

**OCEAN CITY MARYLAND  
SEPTEMBER 2-7, 2025  
REGISTRATION WILL OPEN MAY 9TH!**

A poster for the Let's Talk About Sex 4th Step Inventory Workshop. It features a background image of several hands of different colors reaching up to form a heart shape. The text is in a mix of bold and regular fonts, with some words in italics. A small icon of a heart is in the center.

**Let's Talk About Sex  
4th Step Inventory  
Workshop**

**Judith R  
Bismark, ND**

**SATURDAY  
9:13:2025 1:30-4:30 PM**

**Lunch Included**

**@ the Atlantic Club: 11827 Ocean Gateway,  
Ocean City, MD 21842**

**Click Here—[2025 Carry the Message Project](#)**