

SEPTEMBER 2025



Ocean City MD Area Fellowship Intergroup Of Alcoholics Anonymous

Journey at the Beach

Step 9

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

Twelve Steps and Twelve Traditions, pg. 83

“Yes, there is a long period of reconstruction ahead. We must take the lead. A remorseful mumbling that we are sorry won’t fill the bill at all. We ought to sit down with the family and frankly analyze the past as we now see it, being very careful not to criticize. Their defects may be glaring, but the chances are that our own actions are partly responsible. So we clean house with the family, asking each morning in meditation that our Creator show us the way to patience, tolerance, kindness, and love.”

Alcoholics Anonymous, pg. 83

Tradition 9

“A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

Twelve Steps and Twelve Traditions, pg. 174

“A.A. has to function, but at the same time it must avoid those dangers of great wealth, prestige, and entrenched power which necessarily tempt other societies. Thought Tradition Nine as first sight seems to deal with a purely practical matter, in its actual operation it discloses a society without organization, animated only by the spirit of service—a true fellowship.

Twelve Steps and Twelve Traditions, pg. 177

Concept 9

“Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.”

<https://www.aa.org/the-twelve-concepts>

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Anniversary Celebrations – SEPTEMBER

“To thine own self be true”

Please submit all anniversary information to Carla H at info@ocaa.org by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Tom S.	31 Years	9/7/1994	9/11/2025	As Bill Sees It • Stevenson United • Berlin	7 PM
Cynthia W.	24 Years	9/5/2001	9/26/2025	Happy Joyous & Free Women • River Church	10 AM
Mary Ann J	36 Years	9/17/1989	9/26/2025	Happy Joyous & Free Women • River Church	10 AM
Rosemary K.	36 Years	9/21/1989	9/26/2025	Happy Joyous & Free Women • River Church	10 AM
Gail G.	30 Years	9/25/1995	9/26/2025	Happy Joyous & Free Women • River Church	10 AM

Ocean City Area Information

The Ocean City Area Fellowship Intergroup is looking for YOU!

Would you like to be a bigger part of A.A?

Are you looking to get involved and do not know where to start?

Do you like service work?

If you are curious or need more information please reach out to the Chair of the Nominating Committee, Patti F., 301-252-7604, or come to the next meeting on Tuesday, October 7th at 6 PM at the Atlantic Club. Elections will be in October and new officers installed in November.

“Intergroup’s primary purpose is to assist the AA groups in carrying the message of Alcoholics Anonymous to those who still suffer. Intergroup derives its legitimate authority from, and is responsible to the member groups which it serves. In all its activities, policies and proceedings, Intergroup observes the practice and spirit of AA’s Twelve Traditions and Twelve concepts for World Service, as well as its three legacies of Recovery, Unity and Service.”

The Ocean City Area Fellowship Intergroup meets every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21842 (Route 50 Westbound) at 6PM. All are welcome to attend. *Next meetings are Tuesday, October 7th & November 4th.*

AA Meetings • Please visit the ocaa.org/meetings for the latest updates.

Inquires • 24 Hour Hotline: 410-600-5219

A.A. History – SEPTEMBER

A.A. at Ground Zero



In the wake of the September 11, 2001, attack on the World Trade Center in New York, exhausted A.A. members among the firefighters, police, and clean-up crews realize the need for A.A. meetings near Ground Zero. At the same time, a Red Cross official reports to G.S.O. New York that many requests for A.A. meetings have been received. The Red Cross then assigns to A.A. a room in a respite center just southwest of the site, its door bearing a circle and triangle. To accommodate everyone, a second room just north is provided. A.A. meetings are organized by Southeast New York Area 49 and New York Intergroup, and the rooms become places where A.A.s can not only meet but also rest, talk, and meditate. Members crafted the iron plaque shown and presented it to G.S.O. New York and the Intergroup of A.A. as a memento.

A.A. TIDBITS

I am responsible...
When anyone, anywhere, reaches out
for help, I want the hand of A.A. always to be there.
And for that: I am responsible.

The Meeting Guide app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.



[Click Here—2025 Carry the Message Project](#)

A.A. PROMISES (STEP NINE)

STEP NINE BODY LANGUAGE:



FINISHED HER AMENDS.



STILL THINKING ABOUT IT.

BEDEVILMENTS VS. THE PROMISES

ONLY 31 PAGES LATER THE BEDEVILMENTS ARE REPLACED BY THE PROMISES

BEDEVILMENTS (PAGE 52)

We were having trouble with personal relationships.

We couldn't control our emotional natures.

We were a prey to misery and depression.

We couldn't make a living.

We had a feeling of uselessness.

We were full of fear.

We were unhappy

We couldn't seem to be of real help to other people.

And, most of all.

THE PROMISES (PAGE 83)

We will lose interest in selfish things & gain interest in our fellows. Self-seeking will slip away.

We will comprehend the word serenity and we will know peace.

Our whole attitude and outlook upon life will change.

Fear of people & of economic insecurity will leave us.

That feeling of uselessness & self-pity will disappear.

We will intuitively know how to handle situations which used to baffle us.

We are going to know a new freedom & a new happiness.

No matter how far down the scale we have gone, we will see how your experience can benefit others. We will not regret the past nor wish to shut the door on it.

We will suddenly realize that God is doing for us what we could not do for ourselves.

What's Happening

Let's Talk About Sex
4th Step Inventory
Workshop

Judith R
Bismark, ND

SATURDAY
9.13.2025 1:30-4:30 PM
Lunch Included

@ the **Atlantic Club**: 11827 Ocean Gateway,
Ocean City, MD 21842



O.C. INTERGROUP
ANNUAL A.A.
**FALL
PICNIC**

Join Us for an Autumn
Picnic Celebration of
food, fun, fellowship
and to listen to Rex
share his experience,
strength and hope.

Food provided by "Smokin' Sam's BBQ"

SHOWELL PARK
SUNDAY OCTOBER 5 12 PM - 3 PM
11281 Racetrack Rd, Berlin, MD 21811



27TH ANNUAL WOMEN'S WEEKEND
OCTOBER 17-19, 2025
CAMP WABANNA- 101 LIKES ROAD, EDGEWATER, MD 21037

Women+ share a weekend of fellowship, 12 step study with speaker Kelley B, and a sense of belonging.

The cost for the weekend is:
\$230 for Lodge accommodations
\$185 for the Farmhouse

We're happy to help with accessibility accommodations, please reach out to Sarah K. or Chrissy M. if needed.

Deposit of \$50 due at time of registration to reserve your spot. Lodge spaces are first come first serve.


All meals, excluding Friday, are included in the cost for the weekend (vegetarian options available).


Balances are due in full by September 14th.
Register by scanning the Registration QR code below.
T-shirts are available for purchase and will be handed out upon check-in at Camp Wabanna.
You can purchase t-shirts with the T-Shirt Order QR code below.

Scholarships are available. Please contact Sarah K. or Chrissy M. for information.


Venmo, Cash and Checks are accepted. Please make checks payable to Women's Weekend.


T-SHIRT ORDER







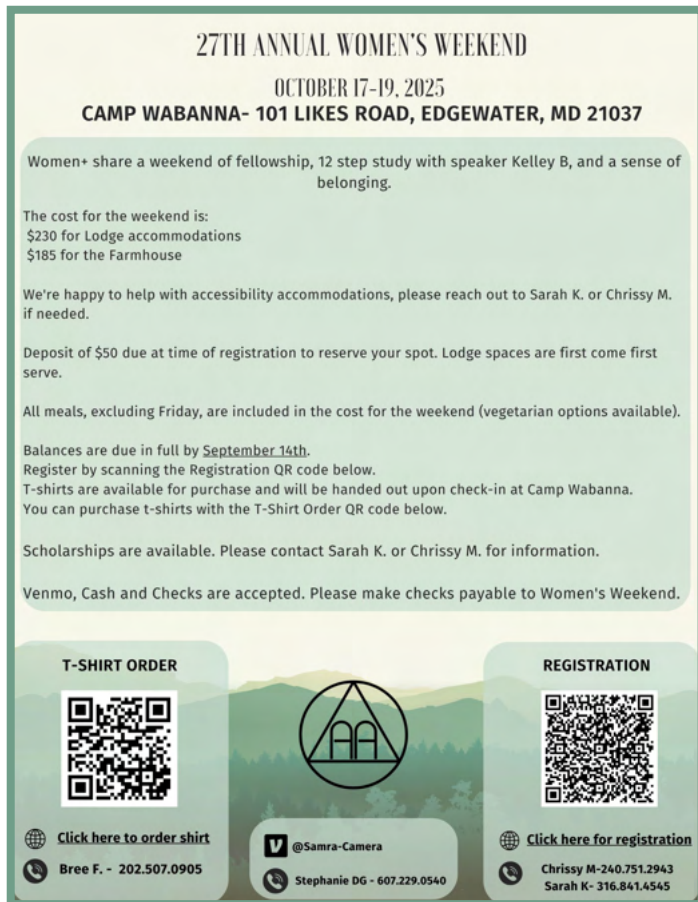
REGISTRATION



 Click here to order shirt
Bree F. - 202.507.0905

 @Samra-Camera
Stephanie DG - 607.229.0540

 Click here for registration
Chrissy M-240.751.2943
Sarah K- 316.841.4545



2026 FOOTPRINTS
IN THE WINTER SAND



TICKETS
ONLINE
ONLY

REGISTRATION
BEGINS
SEPTEMBER 15, 2025

footprintsinthewintersand.com

HYATT REGENCY RESORT & SPA CAMBRIDGE, MD
JANUARY 30th ~ FEBRUARY 1st 2026

