

OCTOBER 2025



Ocean City MD Area Fellowship Intergroup Of Alcoholics Anonymous

Journey at the Beach

Step 10

Continued to take personal inventory and when we were wrong promptly admitted it.

Twelve Steps and Twelve Traditions, pg. 88

"This thought brings us to Step Ten, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness.... Love and tolerance is our code."

"And we have ceased fighting anything or anyone—even alcohol."

Alcoholics Anonymous, pg. 84

Tradition 10

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought be drawn into public controversy.

Twelve Steps and Twelve Traditions, pg. 179

"Never since it began has Alcoholics Anonymous been divided by a major controversial issue. Nor has our Fellowship ever publicly taken sides on any question in an embattled world. This, however, has been no earned virtue. It could almost be said that we were born with it, for, as an old-timer recently declared, "Practically never have I heard a heated religious, political, or reform argument among A.A. members. So long as we don't argue these matters privately, it's a cinch we never shall publicly."

Twelve Steps and Twelve Traditions, pg. 179

Concept 10

Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

<https://www.aa.org/the-twelve-concepts>

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Anniversary Celebrations – OCTOBER

“To thine own self be true”

Please submit all anniversary information to Carla H at info@ocaa.org by the 28th of the preceding month of the anniversary. Include your name, sobriety date, celebration date, where and when. The newsletter is printed on the first Tuesday of every month, so if your sobriety date falls early in the month, we may put your announcement in the prior month's newsletter. Thanks!

NAME	YEARS	SOBRIETY DATE	CELEBRATING	WHERE	WHEN
Berlin Friendship Group	78 Years		10/6/2025	Friendship Group • River Church	7 PM
Barb T.	3 Years	10/18/2022	10/18/2025	Happy Risers • Atlantic Club	9 AM
Happy Risers	41 Years	10/17/2025	10/19/2025	Happy Risers • Atlantic Club	9 AM

Ocean City Area Information

The Ocean City Area Fellowship Intergroup is looking for YOU!

Would you like to be a bigger part of A.A?

Are you looking to get involved and do not know where to start?

Do you like service work?

If you are curious or need more information please reach out to the Chair of the Nominating Committee, Patti F., 301-252-7604, or come to the next meeting on Tuesday, October 7th at 6 PM at the Atlantic Club. Elections will be in October and new officers installed in November.

The Ocean City Area Fellowship Intergroup meets every first Tuesday of the month at the Atlantic Club, 11827 Ocean Gateway, Ocean City, MD 21842 (Route 50 Westbound) at 6PM. All are welcome to attend. *Next meetings are Tuesday, October 7th & November 4th.*

AA Meetings • Please visit the ocaa.org/meetings for the latest updates.

Inquiries • 24 Hour Hotline: 410-600-5219

A.A. History – OCTOBER

A Prestigious Award



In San Francisco in October 1951, the American Public Health Association presents Alcoholics Anonymous with the Lasker Award, “in recognition of its unique and highly successful approach” to an “age-old public health and social problem.” The award is made possible through benefactions of Mary and Albert Lasker, New York philanthropists. A ceremony with Bill W. and Board of Trustees chairman Bernard Smith as speakers is attended by some 3,000 A.A.s and family members, physicians, public health experts, and clergymen. In the newspaper photograph, Smith is shown at far left.

A.A. TIDBITS

I am responsible...
When anyone, anywhere, reaches out
for help, I want the hand of A.A. always to be there.
And for that: I am responsible.

The Meeting Guide app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.



“Intergroup’s primary purpose is to assist the AA groups in carrying the message of Alcoholics Anonymous to those who still suffer. Intergroup derives its legitimate authority from, and is responsible to the member groups which it serves. In all its activities, policies and proceedings, Intergroup observes the practice and spirit of AA’s Twelve Traditions and Twelve concepts for World Service, as well as its three legacies of Recovery, Unity and Service.”

October 2025 | AA & Technology | Tradition Ten

Not Needed: My Opinion

By: Barbara H. | Pennington, New Jersey

I like to apply the Traditions to my personal life. After all, they help AA groups function effectively and the groups are made up of individuals. Why wouldn't the Traditions help me in my personal relationships?

My favorite one is Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

Years ago, I read a newspaper article about courts ordering DUI offenders to attend AA meetings. Some private treatment center was demanding that the court order offenders to go to their treatment center too. Reporters looking for a controversy asked the General Service Office what AA thought about this. The member who took the call said something like, "If those folks found a way to stay sober, that's fine. We just found a way that works for us." I was so proud of AA for having no opinion on outside issues.

The Big Book says, "We have ceased fighting anything or anyone—even alcohol. For by this time sanity will have returned." I haven't ceased fighting anything or anyone—but I fight a lot less than ever before. I'm learning to sidestep controversies in my personal life by saying, "I have no opinion on that," then silently add to myself ... that I care to share with you at this time. That simple comment saves tremendous wear and tear on my nerves.

That doesn't mean I never share my opinion with people. It means I get to choose the people I share it with—if and when I want to share it. I get to decide if it's an outside issue in that particular relationship or situation.

One time the topic of the COVID pandemic popped up during lunch with my in-laws. My purpose was to support my husband in connecting with his side of the family, whom we hadn't seen in years. Both in-laws expressed their opinion at length, citing anecdotes and examples. I had the opposite experience when I had COVID, and I expressed my personal experience quietly. They listened but went right back to expounding their contrary views. I simply let them. I didn't need to start a debate. We spoke of other things and the lunch went well.

Although I may talk politics with a friend when there's mutual respect, politics is often an outside issue for me. When I'm at a social gathering, the purpose is to get to know people and enjoy ourselves. I don't need to discuss my personal opinion on politics with anyone there.

This approach can even apply under my own roof. My marriage is based on deep, mutual love and shared interests and our joint effort to have both our best interests at heart. Even so, my husband and I happen to have strong, opposite political views. He knows my feelings. I know his. Arguing isn't going to change either one of us, just erode our relationship. If one of us does take the bait, it doesn't take long to stop adding fuel to the fire when I remember it's an outside issue to our marriage. This actually applies to several topics that come up in our house. Our relationship works best when we agree to disagree.

Every time I hear the Traditions read at a meeting, I smile when we get to Tradition Ten. Once, I laughed out loud because that very morning I had asked my husband something—I don't remember what—and he answered, "I have no opinion on that."

2026 FOOTPRINTS IN THE WINTER SAND



**TICKETS
ONLINE
ONLY**

**REGISTRATION
BEGINS**

SEPTEMBER 15, 2025

footprintsinthewintersand.com

HYATT REGENCY RESORT & SPA CAMBRIDGE, MD

JANUARY 30th ~ FEBRUARY 1st 2026

What's Happening



**MIDSHORE
SOBRIETY
SHOW**

Celebrating AA's 90th Birthday

Saturday October 25, 2025 | 5-8 pm

ENJOY A FUN NIGHT OF MUSIC,
LAUGHTER AND FELLOWSHIP!

Church of the Nazarene
10660 Greensboro Rd., Denton, MD

\$5.00 SUGGESTED CONTRIBUTION

LIMITED SEATING

Get your tickets early (tickets may not be available at the door.) Refreshments will be served during Intermission.

**Sign up to perform or volunteer as
show staff by September 10***

*We will do our best to accommodate as many acts as possible.

**TICKETS AVAILABLE
AFTER SEPTEMBER 10TH
AT THE FOLLOWING
AA MEETINGS:**

Locations: midshoreintergroup.org/meetings

Cambridge - Seeking Serenity - Mon, 7:30 pm - Anna M.	Hillsboro - Fri/Sat/Sun - Meg G.
Chestertown - Grateful Alive - Thu 8:00 pm - Bryan	Queenstown EyeOpener - Sat, 8:30 am - Nancy A.
Chestertown - On the Beam - Sun 10:00 am - Bryan	St. Michael's - Mon. & Thur, 7:30 pm - Sharon W.
Easton Beginners - Wed, 7:30 pm - Nancy P.	Stevensville - Mon. & Thur., 5:30 pm - Chris M.
Easton BYOL - Thu/Fri, 12:15 pm - Jim R.	

For more info contact Meg G. chair@midshoreintergroup.org

What's Happening

2025 Sober Camping Schedule Mid-Atlantic Region



Sober camping is fun – nothing like sitting around a campfire in the evening after a good home cooked meal with a pot of coffee (or two) and enjoying an A.A. meeting with other sober folks.

The Polar Bear Club has been enjoying the outdoors since before 1990. **Everyone is welcome!**

Note: Not affiliated with Alcoholics Anonymous though most of us are regular meeting attendees

William G. – Elkton, MD 717-504-5833

Tom E. – Georgetown, DE 301-602-8680

Jim W. – Frederick, MD/Lewes, DE ... 717-858-5617

April 25-27	Tuckahoe State Park, Maryland https://parkreservations.maryland.gov/
May 16-18	Martinak State Park, Maryland https://parkreservations.maryland.gov/
June 20-22	Pocomoke River State Park - Milburne Landing https://parkreservations.maryland.gov/
July 3-6	International Convention, Vancouver, British Columbia Canada
Aug 22-24	Caledonia State Park, Pennsylvania https://pennsylvaniastateparks.reserveamerica.com/
Sep 19-21	French Creek State Park, Pennsylvania https://pennsylvaniastateparks.reserveamerica.com/
Oct 17-19	Pocomoke River State Park – Shad Landing https://parkreservations.maryland.gov/
Nov 14-16	Trap Pond State Park – Delaware https://delawarestateparks.reserveamerica.com/

All campsites have modern baths and showers.
Check the campgrounds for information on
pets. Bring a frisbee or ball & glove.



What's Happening

27TH ANNUAL WOMEN'S WEEKEND

OCTOBER 17-19, 2025

CAMP WABANNA- 101 LIKES ROAD, EDGEWATER, MD 21037

Women+ share a weekend of fellowship, 12 step study with speaker Kelley B, and a sense of belonging.

The cost for the weekend is:

\$230 for Lodge accommodations

\$185 for the Farmhouse

We're happy to help with accessibility accommodations, please reach out to Sarah K. or Chrissy M. if needed.

Deposit of \$50 due at time of registration to reserve your spot. Lodge spaces are first come first serve.

All meals, excluding Friday, are included in the cost for the weekend (vegetarian options available).

Balances are due in full by September 14th.

Register by scanning the Registration QR code below.

T-shirts are available for purchase and will be handed out upon check-in at Camp Wabanna.

You can purchase t-shirts with the T-Shirt Order QR code below.

Scholarships are available. Please contact Sarah K. or Chrissy M. for information.

Venmo, Cash and Checks are accepted. Please make checks payable to Women's Weekend.

T-SHIRT ORDER



[Click here to order shirt](#)



Bree F. - 202.507.0905



@Samra-Camera



Stephanie DG - 607.229.0540

REGISTRATION



[Click here for registration](#)



Chrissy M-240.751.2943

Sarah K- 316.841.4545

Fall 2025 CONTRA Study

September 11, 2025 through December 18, 2025

Thursdays from 9:00 PM to 10:00 PM Eastern Time (US/Canada)

Moderated by Past Delegates from

Areas 29 (Maryland), 44 (Northern New Jersey) & 45 (Southern New Jersey)



Zoom Meeting ID: 847 4641 4040

Passcode: 330331

Dial-in number for phone callers: +1 (301) 715-8592

We invite all A.A. members to this virtual study of the
CONcepts, TRAditions & The A.A. Service Manual.
No Registration Fees!

Sep 11, 2025 – Registration & Orientation

Sep 18, 2025 – Traditions 1, 2 & 3

Sep 25, 2025 – Traditions 4, 5 & 6

Oct 2, 2025 – Traditions 7, 8 & 9

Oct 9, 2025 – Traditions 10, 11 & 12

Oct 16, 2025 – Service Manual, pp. I-VIII, 1-6, 89-108

Oct 23, 2025 – Svc Man Ch 1 2 3 & pp 109-18, 166-69

Oct 30, 2025 – Svc Man, Chapters 4 5 6 & pp 171-75

Nov 6, 2025 – Svc Man, Chapters 7 8 9 & pp 176-180

Nov 13, 2025 – Svc Man Ch 10 11 12 & pp 161-5, 170

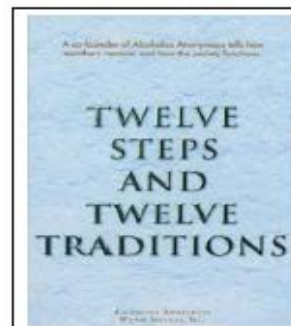
Nov 20, 2025 – Service Manual, pp. 119-159

Nov 27, 2025 – Concepts pp I-VII, C1-C2, Con 1, 2, 3

Dec 4, 2025 – Concepts 4, 5 & 6

Dec 11, 2025 – Concepts 7, 8 & 9

Dec 18, 2025 – Concepts 10, 11 & 12



CONTRA Study Materials

(provided via email following registration):

Twelve Steps and Twelve Traditions, B-2 (free participant download at www.aa.org)

The A.A. Service Manual combined with *The Twelve Concepts for World Service*, BM-31, 2024-2026 edition


AA Grapevine Traditions Checklist, July 2018 revision

Fall 2025 Contra Study Service Manual Questions

A.A.W.S. Concepts Checklist, SMF-91, 08/18 edition

We will cover approximately three chapters of reading material per week, with associated questions. Only those who have read the assignment and have written answers to the weekly questions will be invited to read their answers to the group. All others are welcome to join the meeting and listen.

Presented by Past Delegates from
Areas 29 (Maryland), 44 (Northern New Jersey) & 45 (Southern New Jersey)
For more information, contact:
2025contrastudy@gmail.com



Area 29 Maryland PI/CPC

PUBLIC INFORMATION AND COOPERATION WITH THE PROFESSIONAL COMMUNITY COMBINED 2025 COMMITTEE

Table Exhibitions

Give presentations about A.A. to schools and organizations, and set up exhibitions at professional events



Audio, PSAs, Internet

Ensure local media has accurate information about A.A. through PSAs, anonymity-protected interviews and digital press kits


A Resource for Professionals

Professionals who work with alcoholics share a common purpose with Alcoholics Anonymous: to help alcoholics stop drinking and lead a healthy, productive life.


**DISTRICT CHAIRS AND INTERESTED
A.A. MEMBERS ARE INVITED!**



Join us online
at 3 p.m. EDT
on the 3rd Sunday
of the month
862 7457 8272
Pw: 199887



WWW.MARYLANDAA.ORG
A29CPCPI@GMAIL.COM



**2025 FINAL
CONFERENCE
REPORT
REVIEW**

Working Together, Increasing Trust

THE 75TH ANNUAL MEETING OF THE
GENERAL SERVICE CONFERENCE OF
ALCOHOLICS ANONYMOUS

Sundays @ 7 pm EDT

STARTING 9/21/25 AND CONTINUING WEEKLY
WITH GUEST SPEAKERS FROM THE CONFERENCE

**812 3740 8344
PW FCRR**

Dial in 301-715-8592

MORE INFORMATION:
aa.fcrr@gmail.com or
finalconferencereportreview@gmail.com



Spanish
Interpretation
provided

Click Here—[2025 Carry the Message Project](#)